

SWIRCA & More

April

2024

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>Polish Sausage Mashed Potatoes Sauerkraut Applesauce Wheat Bread/Marg Milk</p>	<p>2</p> <p>Meatloaf Sandwich Twice Stuffed Potatoes Three Bean Salad Spiced Peaches Milk</p>	<p>3</p> <p>Omelet Hash Brown Pattie Biscuit Pear Cup Yogurt</p>	<p>4</p> <p>BBQ Chicken Baked Beans Chuckwagon Corn Rye Bread/Marg Pudding Cup Milk</p>	<p>5</p> <p>Philly Cheesesteak on Bun Tator Tots Broccoli Mandarin Oranges Milk</p>
<p>8</p> <p>Salisbury Steak w/Gravy Mashed Potatoes Carrots Peach Cup Wheat Bread/Marg Milk</p>	<p>9</p> <p>Lasagna Italian Green Beans Spiced Apples Texas Toast Flavored Craisins Milk</p>	<p>10</p> <p>Ham & Beans Oven Fried Potatoes Cornbread Pudding Cup Milk</p>	<p>11</p> <p>Chicken Strips Baked Potato w/Sour Cream Vegetable Blend Bread/Marg Banana Milk</p>	<p>12</p> <p>Potato Crusted Fish Homemade Macaroni & Cheese Green Beans Wheat Bread/Marg Cookies</p>
<p>15</p> <p>Penne Pasta w/Italian Sausage Broccoli Warm Spiced Applesauce Texas Toast Milk</p>	<p>16</p> <p>Baked Chicken Garlic Mashed Potatoes Carrots Wheat Bread/Marg Tropical Fruit Cup Milk</p>	<p>17</p> <p>BBQ Pork on Bun Baked Beans Stewed Tomatoes Banana Nut Bread Slice Milk</p>	<p>18</p> <p>Sweet & Sour Chicken Rice Pilaf Stir Fry Veggies Wheat Bread/Marg Mandarin Oranges Milk</p>	<p>19</p> <p>Sausage Pattie Fried Egg Croissant Hash Brown Pattie Spiced Peaches Fig Newton Milk</p>
<p>22</p> <p>Hamburger on Bun Potato Wedges Creamed Corn Jello w/Fruit Milk</p>	<p>23</p> <p>Smoked Pork Chop Scalloped Potatoes Brussel Sprouts Pudding Cup Wheat Bread/Marg Milk</p>	<p>24</p> <p>Chicken Parmesan Baby Bakers Cauliflower Pear Cup Wheat Bread/Marg Milk</p>	<p>25</p> <p>CLOSED FOR STAFF TRAINING</p>	<p>26</p> <p>Hot Dog on Bun Homemade Macaroni & Cheese Sugar Snap Peas Fresh Fruit Milk</p>
<p>29</p> <p>BBQ Riblet on Bun Red Skin Potatoes Lima Beans Applesauce Cup Milk</p>	<p>30</p> <p>Sausage Pattie Country Gravy Southern Style Biscuit Oven Fried Potatoes Apple Slices Milk</p>		<p>Operated by the SWIRCA & More Nutrition Program 16 W. Virginia St Evansville, Indiana 812-464-7807</p>	<p>Serving sizes:2 Meat/Entrée: 2 ½ -3 oz cooked edible meat Veg/Salad/Fruit/Dessert: ½ cup Margarine: 1 teaspoon Bread: 1 slice Milk: ½ pint Casserole: 1 cup</p>