



SWIRCA & MORE

Southwestern Indiana Regional
Council on Aging

ANNUAL REPORT 2018

JULY 1 - JUNE 31

ABOUT US

The Southwestern Indiana Regional Council on Aging (SWIRCA & More) is a non-profit 501(c)(3) organization, centrally located in Vanderburgh County, with the expressed mission “Enhancing Opportunities for independent living and a better quality of life for those who are aging, people living with disabilities, and caregivers in Southwestern Indiana.” Formally established as an Area Agency on Aging in 1974, SWIRCA & More evolved over the years into a progressive organization capable of providing an array of comprehensive services throughout six Southwestern Indiana counties.

The organization is governed by a Board of Directors whose members include representatives from the local health care community, regional business delegates, and diverse community members. A smaller Advisory Council is utilized to provide review and recommendations for current and prospective programs and services. The President of SWIRCA & More oversees all agency operations, and reports to the Board of Directors.

SWIRCA & More’s primary goal is to serve individuals of all ages who are in need of assistance or guidance by providing services to promote dignity, avoid institutionalization, and maintain autonomy. Services are need-based and client centered, with emphasis on reaching the rural and minority populations throughout Spencer, Posey, Perry, Warrick, Gibson and Vanderburgh counties. The types of services available include respite care; in-home personal care; home repairs and modifications; nutrition; preventative health education; transportation; ombudsman; legal support; information and referrals for community resources; options counseling; and person-centered case management.

SWIRCA & More is non-sectarian in nature and does not discriminate on the basis of race, color, religion (creed), gender expression, age, national origin (ancestry), disability, marital status, sexual orientation, or military status, in any of its activities, services or operations. We are committed to providing a welcoming environment for all members of our staff, clients, volunteers, and vendors.

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Attorney at Law

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German American

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Fine & Hatfield

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Natalie Bueltel
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BKD

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Ivy Tech Foundation

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University of Evansville

Vision: "Advancing the community through collaboration, person centered focus, and positive working relationships in a quest for healthier, happier lives."

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Senior Vice President of Operations

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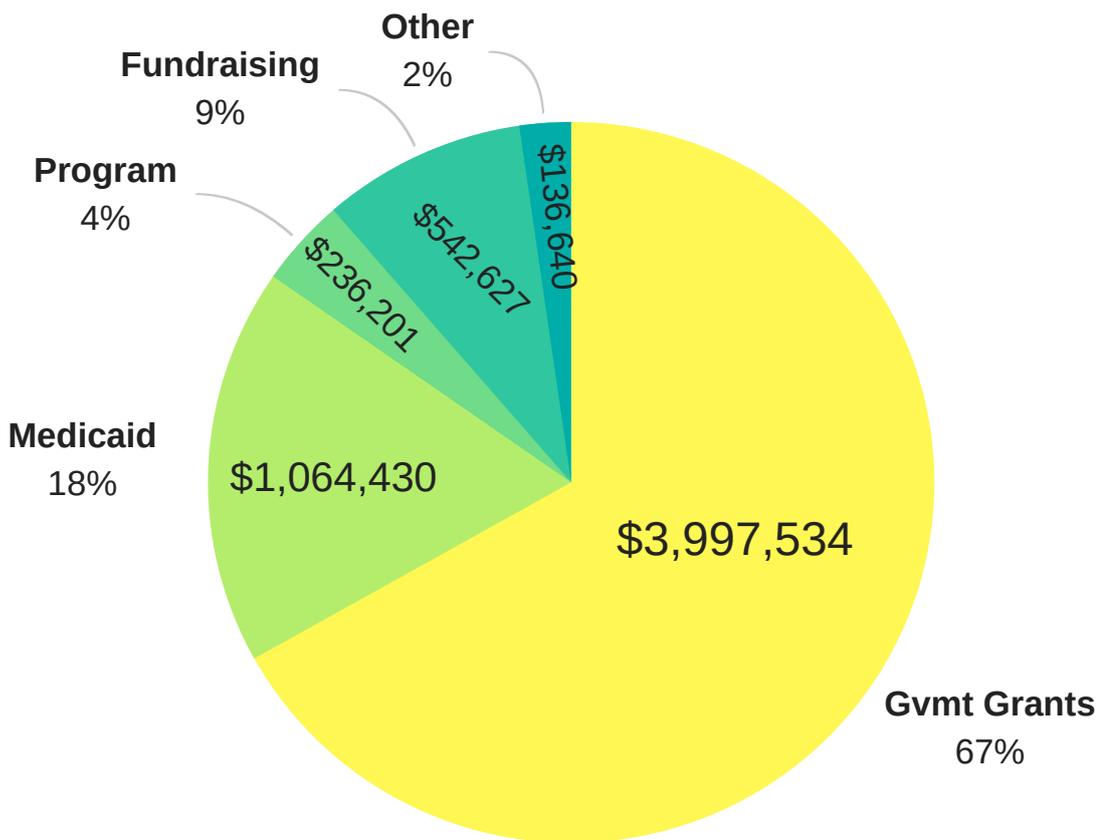
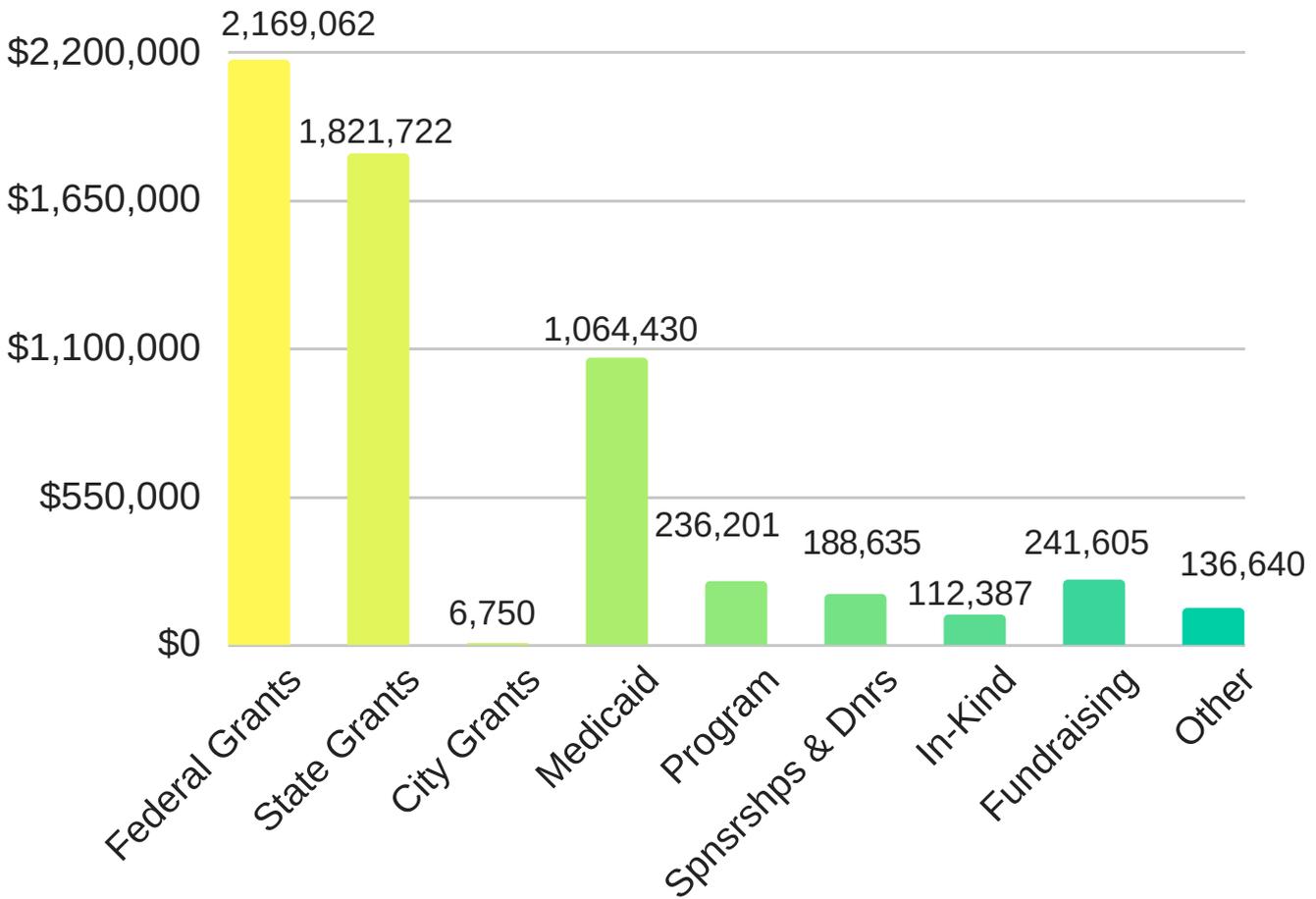
Monica Spencer
Development Director

MANAGEMENT STAFF

REVENUES FY18 BY FUNDING SOURCE

Total Revenue: \$5,977,432

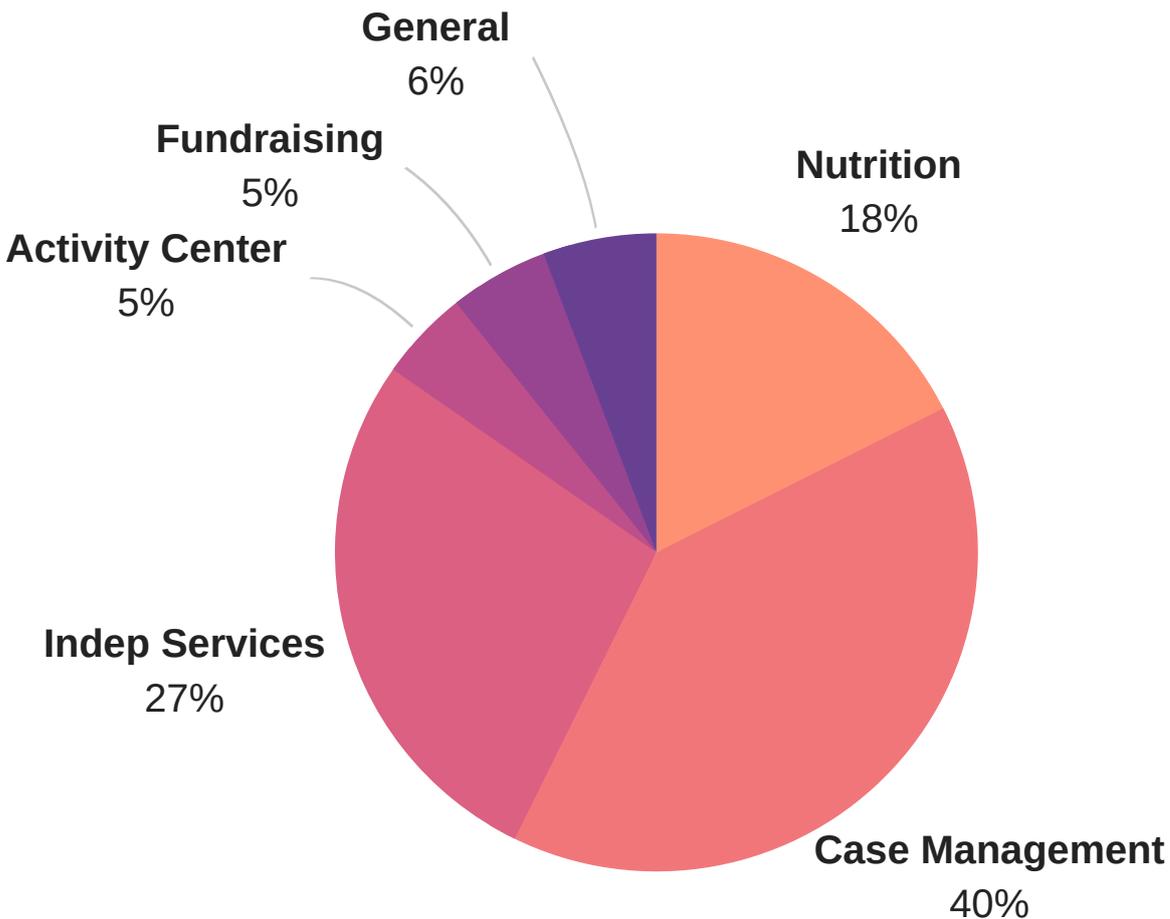
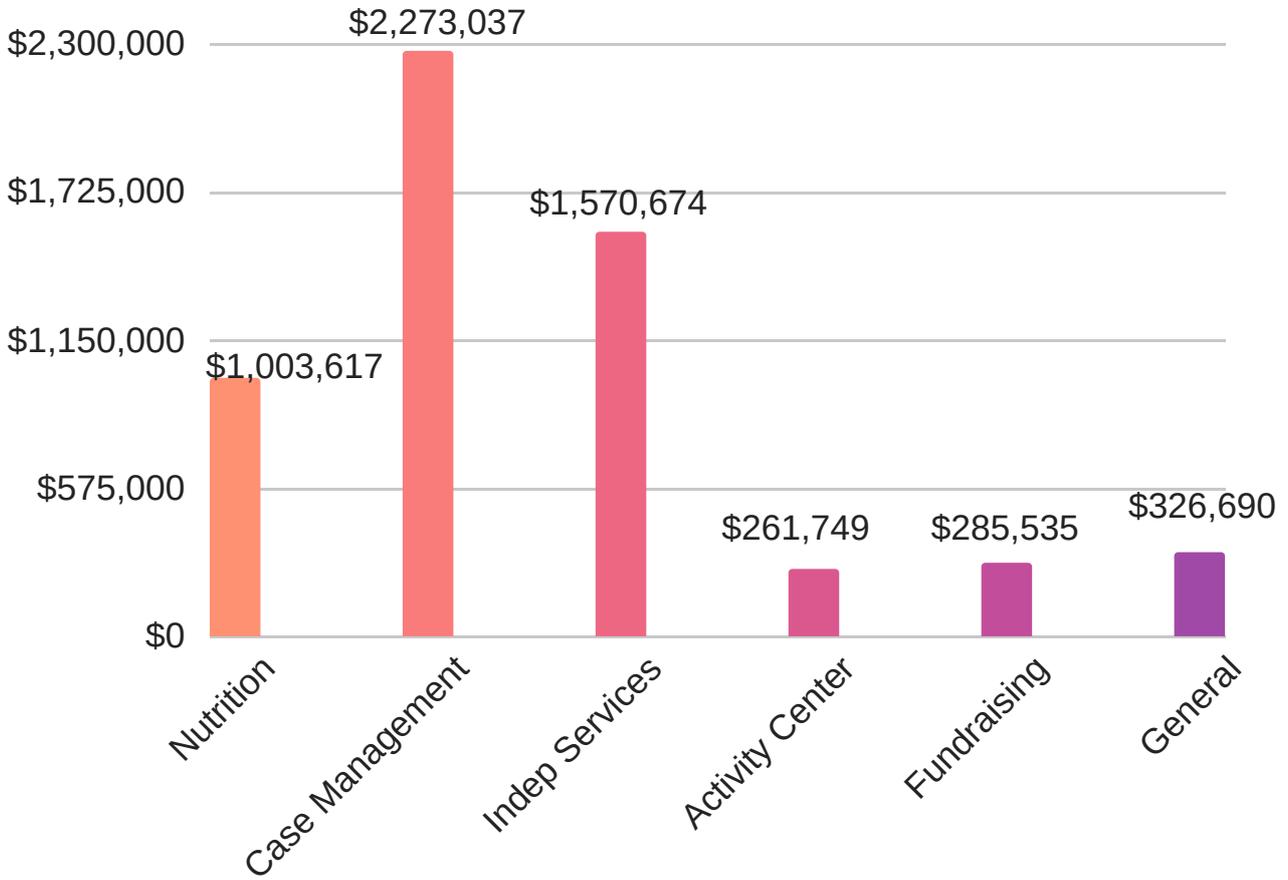
Increase/Decrease in Net Assets: \$256,157



2018

EXPENSES FY18 BY PROGRAM

Total Expenses: \$5,721,275



2018

AGING & DISABILITY RESOURCE CENTER (ADRC)

The Aging and Disability Resource Center (ADRC) is the first point of contact for community assistance and guidance. The ADRC was created to provide aged and disabled individuals with direct access to information and knowledge on topics such as eligibility for government services, access to community resources, options regarding long-term health care, and much more.

SWIRCA & More is staffed with full-time Options Counselors who are available to look at a person's needs and go over options that may be available to them. The ADRC is completely unbiased and provides assistance to individuals of all income levels, free of charge.

FY18 Highlights (unduplicated)

- Options Counselors received 6,935 phone calls (average 577 per month) and assisted 5,134 unduplicated clients with their needs.
- 1,105 new individuals contacted the ADRC seeking services
- The Online Senior Resource Guide on average had 1,165 visitors per month. This is up from 990 visitors per month in 2017. Researching topics such as social security, senior centers, and legal services.
- Type of Devices used to access the Online Senior Resource Guide site:

Desktop	36.2%
Mobile	58.2%
Tablet	5.6%

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CASE MANAGEMENT

Case Management is a comprehensive service comprised of a variety of specific tasks and activities designed to coordinate and integrate all other services required in the individual's care plan. Case Management is required in conjunction with the provision of any home and community-based service.

Care Managers conduct comprehensive, in-depth assessments of all referrals and clients requesting in Home Services. They advocate on behalf of all clients for needed services and assistance and make appropriate referrals. Care Managers also monitor and follow-up on Home and Community Based Services for clients as directed.

Types of assistance provided by a Care Manager may include eligibility determinations for nursing home placement, eligibility determinations for home and community based services, general advocacy, resource linkage, and/or on-going monitoring of clients receiving funding for in-home services through any of SWIRCA's funding sources.

FY18 Highlights

- Care Managers provided some sort of assistance to 7,491 unduplicated clients
- Approximately 3,000 of the 7,491 individuals received direct in-home assistance from at least one of SWIRCA's five funding sources (AD Waiver, CHOICE, SSBG, Title III-E, or Title III)
- 48 clients received home modifications to make their homes more accessible and meet the clients needs. Modifications may include building a ramp, installing a lift or modifying a bathroom to increase the client's independence.
- Each Care Manager assisted approx. 100 clients logging in over 54,974 hours
- Care Managers conducted 134 face-to-face Money Follows the Person (MFP) assessments and successfully transitioned 17 individuals from nursing facilities back to living in the community.
- Most Popular Services:
 1. Congregate Meals: 1,474 clients served
 2. Home Delivered Meals: 767
 3. Attendant Care: 953
 4. Personal Emergency Response Button: 817
 5. Transportation: 254

MEALS ON WHEELS SOUTHWESTERN INDIANA

Meals on Wheels of Southwestern Indiana (MOSWI), also known as the SWIRCA & More Nutrition program, helps to feed local seniors and those in need with hot, nutritious meals. MOSWI provides lunch site and home delivered meals every day that are prepared, cooked, and delivered from our own kitchen. Meals are delivered by volunteers and paid staff to congregate meal site locations and meal routes in Vanderburgh, Warrick, Gibson, Posey, Perry, and Spencer counties.

All meals, which are served Monday thru Friday are provided on a contribution basis. Individuals must be 60 years or older to qualify for the program. There are no set income eligibility requirements, and no one is turned away due to lack of payment.



MEALS on WHEELS
SOUTHWESTERN INDIANA

FY18 Highlights

- 19 Congregate Meal Sites
- 10 Home-Delivered Meal Routes
- 700 Meals were served daily in all meal routes and congregate meal sites
- Served a total of 52,733 daily home-delivered meals in all six counties
- Provided 120,398 meals to congregate meal sites in all six counties

2018

Meals by County (average meals served daily) (unduplicated)

Warrick

Congregate Meal Sites: 13

Home Delivery Route: 35

Perry

Congregate Meal Sites: 52

Home Delivery Route: 17

Posey

Congregate Meal Sites: 14

Home Delivery Route: 11

Spencer

Congregate Meal Sites: 10

Home Delivery Route: 17

Vanderburgh

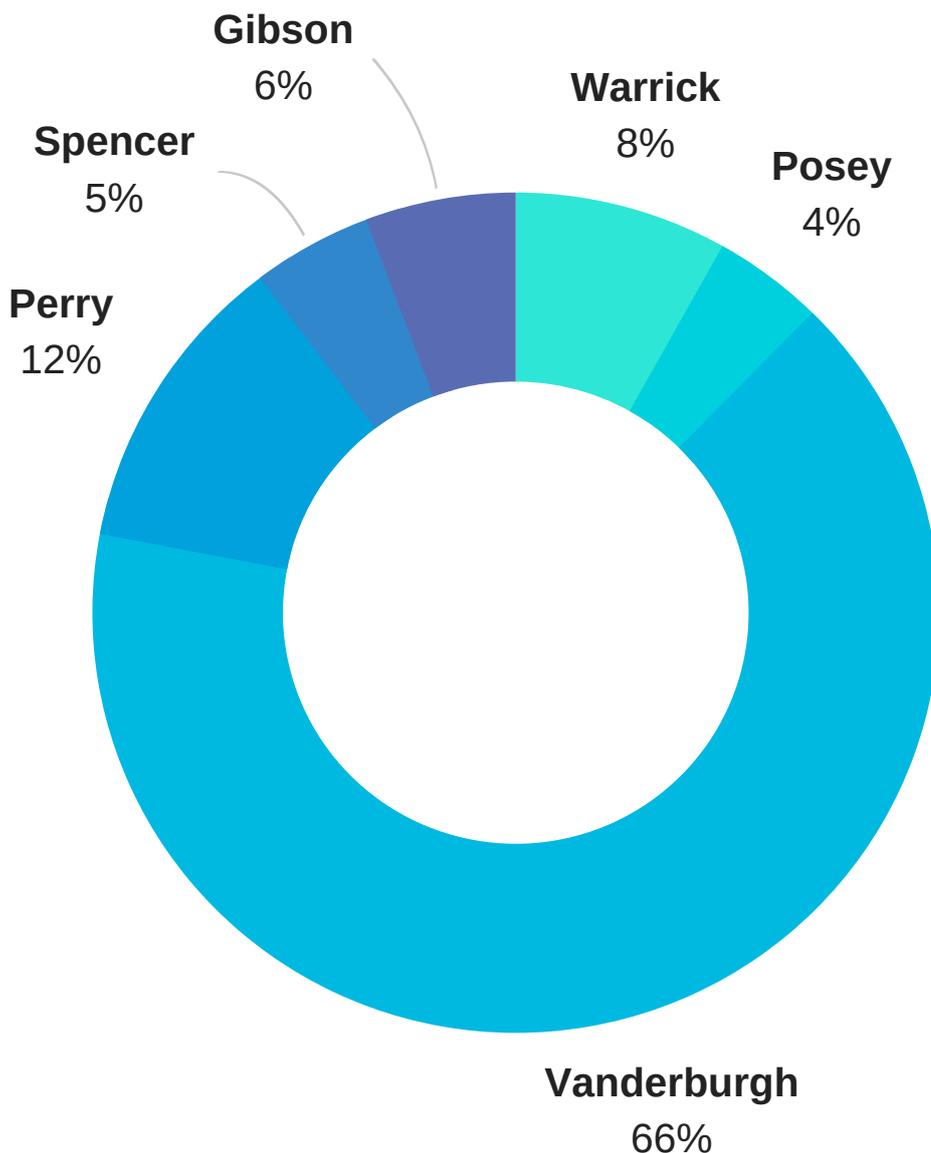
Congregate Meal Sites: 253

Home Delivery Route: 135

Gibson

Congregate Meal Sites: 8

Home Delivery Route: 26



ACTIVITY & WELLNESS CENTER

The Activity and Wellness Center offers daily recreational, educational and wellness activities and is the primary location for all programs and events offered for area residents over the age of fifty. Various classes are offered Monday through Friday from 8:00 am until 4:00 pm. All exercise classes are taught by trained, certified instructors. The Activity Center is also a place where seniors come to play Bingo, socialize, meet new people, learn more about health and safety, and get involved in their community.

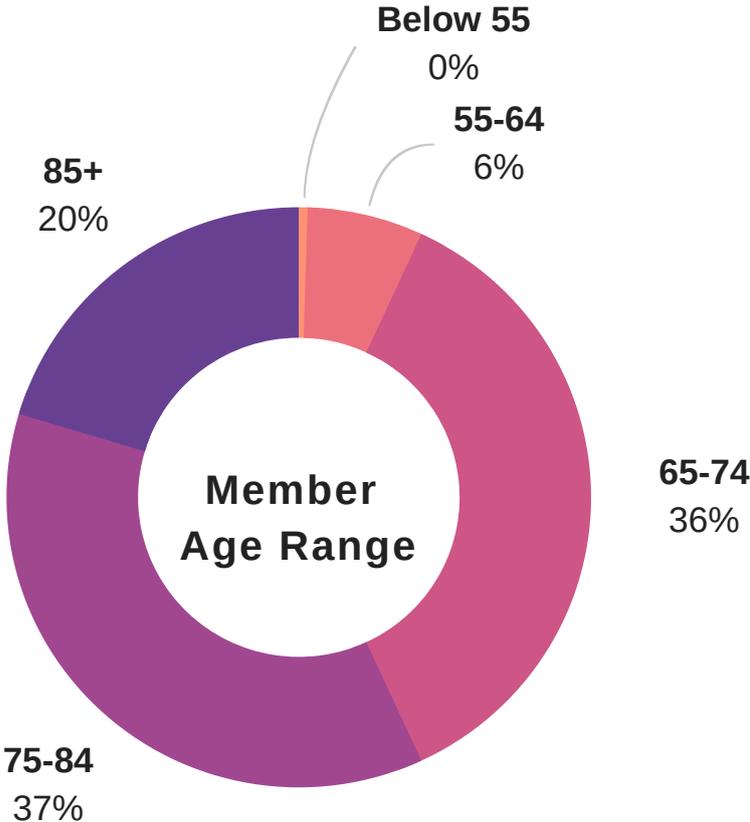
The newly renovated Wellness Center offers seniors a place where they can receive additional fitness training to meet their personal wellness goals. The Wellness Center includes treadmills, exercise bikes, circuit training, yoga balls, weights, and a television. In addition, participants can also find brochures and literature related to health and fitness.

FY18 Highlights (unduplicated)

- Served on average 164 people per month
- Served a total of 1,968 annually
- 446 Volunteers aided with programs and events in the Activity Center and gave over 18,017 hours of service

Programs Offered (unduplicated number of those who attend annually)

- Yoga - 67
- Tai Chi - 81
- Enhanced Fitness - 89
- Arthritis Exercise - 63
- Exercise Room - 145
- Stretch & Tone - 159
- Line Dancing - 92
- Pool Room - 45
- Gym & Learn - 50



RESOURCE LINKAGE

A **Care Coordinator** is a liaison between the individual, family members, providers, doctors and other professionals. Care Coordinators meet with the person and their family in their own home and conduct a confidential, comprehensive assessment to identify concerns and provide service recommendations. Our Care Coordinator can review diagnoses; perform a medication reconciliation; conduct a Fall Risk assessment; observe how the person is managing daily activities in their home; and conduct a Home Safety Assessment.

Special Needs Pooled Trust - Managed in conjunction with Old National Bank, this program offers a way for beneficiaries to have funds set aside to meet their supplemental needs without fearing the loss of their government benefits.

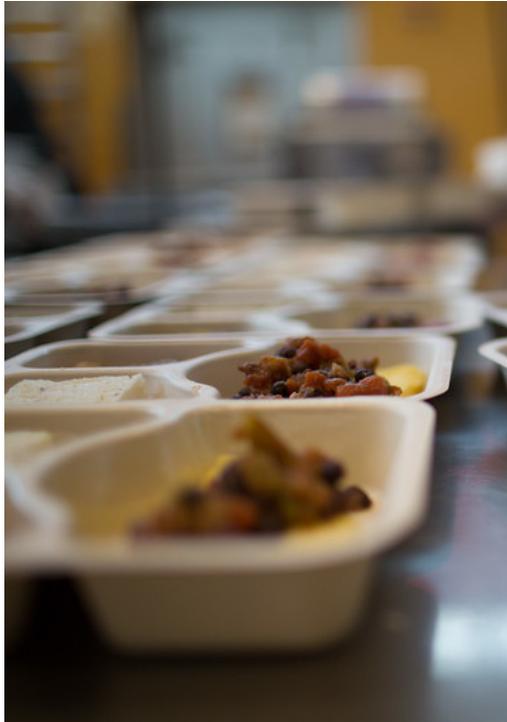
Private Hire Program - Allows clients to have "boots on the ground" Care Management services tailored to fit the needs of the caregiver and assist family members when needed, especially if they do not qualify for traditional SWIRCA services.



FY18 Highlights

- Care Coordinators served approx. 2 clients
- Care Coordinators FY18 Revenue was \$448.75
- 19 beneficiaries were enrolled in the Special Needs Pooled Trust Program
- \$10,902 Total Pooled Trust Income for FY18

8102018



SWIRCA & More

A member of the  INconnect Alliance.

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EIN: 35-1330782

For questions regarding this report,
please contact SWIRCA & More's Development
Office at 812-492-7420. For a copy of the FY18 Annual Report,
please visit swirca.org/about-us.

To learn more about Planned Giving Options or ways you
can support SWIRCA & More, please contact the
Development Office at 812-464-7842.