


# June 2021 Activity Center Calendar

Kristin Hood – Healthy Aging Director  
 Kim Morehead – Healthy Aging/Volunteer Coordinator  
 Open Mon - Fri, 8:00am - 4:00pm  
 16 W. Virginia St. Evansville, IN 47710  
 (812) 464-7800 or (800) 253-2188 www.swirca.org



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>1</b> 9:30 Line Dancing 11:00 Empower Hour with Kristin & Kim 11:30 Drive Thru Lunch 1:30 Arthritis Exercise	<b>2</b> 8:30 Summer Tone-Up with Donna 9:30 Stretch & Tone with Donna 11:30 Drive Thru Lunch	<b>3</b> 11:30 Drive Thru Lunch No Regular Activities Indiana State Game Shuffleboard	<b>4</b> Today's Sponsor <b>Adaptive</b> 9:30 <del>NO</del> Exercise with Eva 1:00 Bingo 11:30 Drive Thru Lunch
<b>7</b> 9:30 Tai Chi with Ron 11:30 Lunch	<b>8</b> Today's Sponsor <b>Silver Birch</b> 9:30 Line Dancing 11:00 Empower Hour with Kristin & Kim 11:30 Lunch 1:30 Arthritis Exercise	<b>9</b> 8:30 Summer Tone-Up with Donna 9:30 Stretch & Tone with Donna 11:30 Lunch	<b>10</b> 9:00 Chair Yoga with Melanie 11:30 Lunch Log Inn 5:00 pm	<b>11</b> Today's Sponsor <b>Solarbron</b> 9:30 Exercise with Eva 11:30 Lunch 1:00 Bingo
<b>14</b> Today's Sponsor <b>United Healthcare</b> 9:30 Tai Chi with Ron 11:30 Lunch	<b>15</b> 9:30 Line Dancing 11:00 Empower Hour with Kristin & Kim 11:30 Lunch 1:30 Arthritis Exercise	<b>16</b> Today's Sponsor <b>Adaptive</b> 8:30 Summer Tone-Up with Donna 9:30 Stretch & Tone with Donna 11:30 Lunch 12:30 Book Club	<b>17</b> Today's Sponsor <b>Atria</b> 9:00 Chair Yoga with Melanie 10:00 Essential Oils 11:30 Lunch	<b>18</b> Today's Sponsor <b>Wyndmoor</b> 9:30 Exercise with Eva 11:30 Lunch 1:00 Bingo
<b>21</b> Today's Sponsor <b>Walnut Creek</b> 9:30 Tai Chi with Ron 11:30 Lunch	<b>22</b> Today's Sponsor <b>Home Instead</b> 9:30 Line Dancing 11:00 Empower Hour with Kristin & Kim 11:30 Lunch 1:30 Arthritis Exercise	<b>23</b> 8:30 Summer Tone-Up with Donna 9:30 Stretch & Tone with Donna 11:30 Lunch	<b>24</b> Today's Sponsor <b>Heritage Woods</b> 9:00 Chair Yoga with Melanie 11:30 Lunch	<b>25</b> 9:30 Exercise with Eva 11:30 Lunch 1:00 Bingo
<b>28</b> Today's Sponsor <b>Trilogy</b> 9:30 Tai Chi with Ron 11:30 Lunch 12:45 Movie Day at SWIRCA	<b>29</b> Today's Sponsor <b>AARP</b> 9:30 Line Dancing 11:00 Empower Hour with Kristin & Kim 11:30 Lunch 1:30 Arthritis Exercise	<b>30</b> 8:30 Summer Tone-Up with Donna 9:30 Stretch & Tone with Donna 11:30 Lunch	<b>June Empower Hour Sponsor</b> June 15—Trilogy	

\*\*All activities and events are subject to change without notice\*\*



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## Join the Activity Center

Become a member of the Activity Center, we offer Exercise classes, an Exercise Room, Wellness Presentations, Billiards Room and a Variety of Social Activities.

**Only \$30 Annually, for more information see someone at the front desk or call 812-464-7800**





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- 12 months \$240 (\$180 savings)

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**SWIRCA & More**

# SWIRCA & More Activity Center

## June Activity Center Updates

- The Activity Center continues to reopen, activities and events will be added gradually. We will monitor the CDC guidelines and make changes accordingly.
- All visitors/members will be asked to use the door in the large parking lot where the blue awning was, masks and social distancing will be optional, however we ask you to be courteous of everyone. **All members will be required to check in at the MySeniorCenter kiosk when participating in a class or event.**
- Anyone who appears to be ill upon arrival or becomes sick during the day will be asked to leave immediately.
- At this time there will be **no congregating inside the building**, please arrive **30 minutes prior** your scheduled activity and leave as soon as your activity is completed. **Reservations for all activities/classes are required through the month of June** and can be made by calling 812-464-7800. Please make note of the following...
  - Vending machines (Snack/Soda) are available
  - Bring your own water
  - Exercise Room open will be open Mon-Fri 8:30AM-3:30PM  
**Closed Tue 8:00AM-12:30PM**
  - Memberships/renewals and event tickets can be purchased from the in the lobby
  - **Ivy Café opening will be on June 7**, call 812-464-7807 for more information

## Log Inn Dinner & Bingo with Prizes

Thursday, June 10 at 5:00 pm Doors open at 4:00pm

**All Tickets \$14.00** (Limited seating) on sale until Wed, June 9

at SWIRCA & More Activity Center, 16 W Virginia St Evansville, IN

*Masks are recommended for you safety and others  
The meal will be served by Log Inn Staff*

**Menu: Log Inn's Famous Fried Chicken, Mashed Potatoes & Gravy, Green Beans, Corn, Cole Slaw, Dinner Roll, and Tea/Coffee/Lemonade**

*You must provide your own transportation.*

**Sponsored by: The Good Samaritan Home**



12491 County Road 200 East, Warrenton, IN



## Dinner at SWIRCA & More Thursday, July 8 at 5:00 pm

Tickets: on sale Monday June 7 - Friday, July 2  
**\$10.00 per member; \$15.00 per non-member**

Each Guest  
Receives  
\$10  
Tokens

**Menu: Meatloaf, Mashed Potatoes with Gravy, Seasoned Green Beans, Coleslaw, Dinner Roll with Butter Coconut Cream Pie, Tea/Coffee**

SWIRCA & More Activity Center 16 W Virginia St, Evansville, IN

Call 812-464-7800 for more information



## Southern Charm Trip

September 26 - October 2, 2021

For more information contact Tracy Wilson at Tourcy, LLC 812-781-0201 or Tourcy20@gmail.com

Experience warm Southern hospitality in America's southeast. Come to know its rich history and deep traditions on this tour highlighted by stays in Charleston, Savannah and Jekyll Island.

Visit: <https://www.travelwithtourcy.com/southerncharm> for more details about the trip.

**Join us for Movie Day  
at SWIRCA & More**



Enjoy the June movie of the month  
on Monday, June 28 at 12:45 pm.  
call 812-464-7800 for  
movie information.

Watch  
Tuesdays  
at 11 AM  
on Facebook Live

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Learn about SWIRCA updates, what is going on  
in the community and much more!!!

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