## SWIRCA & More

## October IVY CAFÉ 2021

Monday	Tuesday	Wednesday	Thursday	Friday
Operated by the SWIRCA & More Nutrition Program 16 W. Virginia St Evansville, Indiana 812-464-7807				1 Potato Crusted Fish Macaroni & Tomatoes Seasoned Green Beans Wheat Bread/Marg Coleslaw Fruits of Forest Pie
4 Spaghetti w/Meatballs & Sauce Italian Vegetables Warm Spiced Apples Garlic Bread Cheesecake w/Topping	5 Chicken & Waffles w/Syrup Fruit Salad Danish OJ/Coffee	6 BBQ Chicken Homemade Macaroni & Cheese Californina Blend Rye Bread Applesauce Cake	7 Baked Ham Pinto Beans Cream Style Corn Cornbread Coleslaw Apple Pie	8 Fried Fish Filet Scalloped Potatoes Broccoli Wheat Bread/Marg Tomato Salad Lemon Icebox Pie
CLOSED  COLUMBUS DAY  HOLIDAY	12 Stuffed Pepper Mashed Potato Corn Wheat Bread/Marg Cottage Cheese w/Peach Slices Cookies & Cream Pie	13 Fried Chicken Red Skin Potatoes Asparagus Biscuit Creamy Slaw Apple Dumpling w/Sauce	14 Meatloaf Mashed Potatoes w/Gravy Carrots Bread/Marg Three Bean Salad Cherry Pie	15 Chili w/Beans Grilled Cheese Sandwich Fruit Salad Crackers Garden Salad w/Dsg Chocolate Meringue Pie
18 Chicken & Noodles Mashed Potatoes Seasoned Green Beans Biscuit Pea Salad Dutch Apple Pie	19 Polish Sausage Red Skin Potatoes Squash Medley Wheat Bread Cottage Cheese w/ Pineapple Chunks German Chocolate Cake	20 Italian Chicken Pattie Baked Potato w/Sour Cream & Margarine Vegetable Blend Creamy Coleslaw Fruits of Forest Pie	21 Homemade Beef Stew Seasoned Cabbage Southern Style Biscuit Homemade Peach Cobbler	22 Roast Beef w/Gravy Mashed Potatoes Mixed Vegetables Roll Carrot Raisin Salad Lemon Meringue Pie
25 Sliced Turkey Mashed Potatoes French Style Green Beans Cranberry Salad Roll Pecan Pie	26 Sliced BBQ Sauce on Bun Pickle & Onion Cheesy Potatoes Carrots Macaroni Salad Coconut Meringue Pie	27 Baked Chicken Quarter Rice Pilaf Peas Bread/Marg Tomato Salad Cheesecake	28 Salisbury Steak w/Gravy Mashed Potatoes Brussel Sprouts Bread/Marg Jello w/Fruit Fruit Cobbler	29 Salmon Pattie Oven Fried Potatoes Stewed Tomatoes Bread/Marg Coleslaw Coconut Cake