November 2021 SWIRCA Activity Center Calendar Kristin Hood – Healthy Aging Director Kim Morehead – Healthy Aging/Volunteer Coordinator Open Mon - Fri, 8:00am - 4:00pm 16 W. Virginia St. Evansville, IN 47710 (812) 464-7800 or (800) 253-2188 www.swirca.org **WEDNESDAY THURSDAY MONDAY TUESDAY FRIDAY** 3 8:30 30-Minute Tone up Veterans Today's Sponsor Today's Sponsor Today's Sponsor 9:30 Stretch & Tone **MyTruAdvantage** Celebration The Gardens Oasis **Old National Bank** 10:00 Aging Matters **Must Have Reservations** 11:30 Lunch Doors Open at 9:00am 9:30 Tai Chi 9:30 Chair Yoga 9:30 Line Dancing Program at 10:00 11:30 Lunch 10:00 Facebook Lunch at 11:00 11:30 Lunch **Empower Hour** 1:30 Arthritis Exercise 11:30 Lunch 8 10 12 **Veterans Day** Today's Sponsor Today's Sponsor Today's Sponsor Today's Sponsor **AARP United Healthcare Heritage Woods** Trilogy **SWIRCA Closed** 9:30 Exercise with Eva 8:30 30-Minute Tone up 9:30 Tai Chi 9:30 Line Dancing 9:30 Stretch & Tone 11:30 Lunch 11:30 Lunch 11:30 Lunch 11:30 Lunch 1:00 Bingo 1:30 Arthritis Exercise WE ARE thanktul FOR YOUR SERVICE 16 19 15 17 Today's Sponsor Today's Sponsor Today's Sponsor Today's Sponsor **Home Instead** Solarbron Atria **Wyndmoor** 9:30 Tai Chi 9:30 Line Dancing 8:30 30-Minute Tone up 9:30 Exercise with Eva **Reservations Required** 11:30 Lunch 11:30 Lunch 9:30 Stretch & Tone 11:30 Lunch Doors open at 12:30 UE DPT Balance 1:00 Bingo 11:30 Lunch 12:30 Book Club 10:00am Clinic Must have ticket for entry 1:30 Arthritis Exercise **Activity Center Closed** Bingo at 1:00pm at 2:30pm Board Mtg 22 24 25 26 Today's Sponsor Today's Sponsor Today's Sponsor SWIRCA Closed Silver Birch **MyTruAdvantage The Gardens Oasis** 9:30 Tai Chi 8:30 30-Minute Tone up 9:30 Line Dancing 11:30 Lunch 9:30 Stretch & Tone 11:30 Lunch 12:45 Movie Day at 1:30 Arthritis Exercise 11:30 Lunch **SWIRCA** 29 30 November Today's Sponsor Today's Sponsor Use our **Facebook Adaptive Nursing MyTruAdvantage** new **Empower Hour** 9:30 Tai Chi 9:30 Line Dancing filtered **Sponsors** 11:30 Lunch 11:30 Lunch

All activities and events are subject to change without notice

Empower Hour can be viewed

Thursdays at 10:00am

November 25

Trilogy



1:30 Arthritis Exercise



water

system

Now Open! Call 812-853-9810 to schedule a tour!

4211 Grimm Road, Newburgh, IN 47630 · hw-newburgh.com

SOCIAL TIME

Tables are available in the Activity Center for cards, dominos, clabber and other social activities from 12:45-3:30pm. Don't forget...the Ivy Café is serving lunch from 11:30am-12:30pm Monday - Friday.

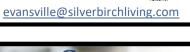
Join the Activity Center

*my*seniorcenter

Become a member of the Activity Center, we offer Exercise classes, an Exercise Room, Wellness Presentations, Billiards Room and a Variety of Social Activities.

Only \$30 Annually, for more information see someone at the front desk or call 812-464-7800















812-476-4912 601 N Boeke Road Evansville. IN 47711

Evansville, IN 47711 Visit us: goodsamhome.org





WORKERS WANTED! For positions in Gibson, Pike, Posey, Vanderburgh, & Warrick counties

The following <u>paid training</u> positions are currently available:

currently available:

Custodial, Thrift Store Workers, Clerical

For further information, call AARP Foundation Senior Employment 812-422-3910

Inn Dinner & Bingo with Prizes

12491 County Road 200 East, Warrenton, IN

Tuesday, November 9 at 5:00 pm All Tickets \$14.00 (Limited seating)

Tickets on sale Tues, Oct 12- Mon, Nov 8 at SWIRCA & More Activity Center, 16 W Virginia St Evansville, IN

Menu: Log Inn's Famous Fried Chicken, Mashed Potatoes & Gravy, Green Beans, Cole Slaw, Dinner Roll, and Tea/Coffee/Lemonade

You must provide your own transportation.

Sponsored by

Good Samaritan Home





Dinner at SWIRCA Thursday, Dec 2, 5:00 pm

Tickets: \$15.00 per person on sale at SWIRCA Mon, Nov 1 - Tue, Nov 30

Call 812-464-7800 for more information. Must provide your own transportation to Bally Casino.

Sponsored by MyTru Advantage



Special Appearance by Santa

SWIRCA & More Activity Center

Holiday Party

Fri, Dec 10, 2021 from 9:00 am - 2:00 pm

All tickets \$10 on sale Tue, Nov 2 - Wed, Dec 1 Doors open at 9:00am, Lunch at 11:30am and Dance with Music by DJ Larry at 12:30pm

Thank you to our Sponsor: Subaru Share the Love And Trilogy Health Services

Call 812-464-7800 for more information

Designer Purse Bingo

License # 002658 Must be 18 years or older

Fri, Dec 3 at SWIRCA Doors open at 5:00 PM Bingo Begins at 6:30 PM

\$25 Per Seat or Reserve Tables of 4 \$100 (4 seats 4 BINGO Packs) First BINGO pack received with seat purchase

Extra Packs \$10, Specials 1 for \$1 or 3 for \$2, Dobbers, Half Pot, Pull Tabs, Snacks, and Beer & Wine for Purchase.

Purchase tickets online at www.swirca.org or at SWIRCA & More 16 W Virginia St. Evansville IN. 47710 812-464-7800 Check or cash only

Cash only event

Limited Seating





5:00-6:45 PM







Join us for Movie Day at SWIRCA & More



Enjoy the Movie of the month on Mon, Nov 22 at 12:45 pm. call 812 - 464 - 7800 for movie information.

TOURCY

5:00-6:45 PM

Alaska Discovery **Land & Cruise with SWIRCA**

Discover Alaska on this amazing Land and Cruise Trip September 3-14, 2022

Visit: https://www.travelwithtourcy.com/ for more details about this trip or call 812-781-0201.