SWIRCA & More

May 2022

Monday	Tuesday	Wednesday	Thursday	Friday
2 BBQ Riblet on Bun Red Skin Potatoes Succotash Applesauce Milk	3 Sausage Pattie Gravy & Biscuit Oven Fried Potatoes Apples Milk	4 Stuffed Green Pepper Sweet Potatoes Green Peas Bread/Marg Fruit Cup Milk	5 Manwich Sloppy Joe on Bun Tater Tots Mixed Vegetables Brownie Milk	6 Chicken Fajitas Rice Black Beans Soft Tortilla Cookies Milk
9 Smoked Pork Chop Homemade Macaroni & Cheese Broccoli Roll Mandarin Oranges Milk	10 French Onion Chicken Baby Bakers Carrots Wheat Bread/Marg Cookies Milk	11 Jambalaya (1 cup) Seasoned Green Beans Garden Salad w/Dsg Cornbread Peach Cup Milk	12 Swiss Mushroom Burger on Bun Buttered Corn Baked Beans Pineapple Cup Milk	13 Sliced Turkey w/Gravy Mashed Potatoes California Blend Bread/Marg Pudding Cup Milk
16 Polish Sausage Mashed Potatoes Sauerkraut Applesauce Wheat Bread/Marg Milk	17 Meatloaf Sandwich Twice Stuffed Potato Three Bean Salad Spiced Peaches Milk	18 Omelet Hash Brown Pattie Biscuit Pear Cup Yogurt	19 BBQ Chicken Baked Beans Chuckwagon Corn Rye Bread/Marg Pudding Cup Milk	20 Philly Cheesesteak/Bun Tater Tots Broccoli Mandarin Oranges Milk
23 Salisbury Steak/Gravy Mashed Potatoes Carrots Peach Cup Wheat Bread/Marg Milk	24 Lasagna Italian Beans Spiced Apples Texas Toast Flavored Craisins Milk	25 Ham & Beans (1cup) Spinach Cornbread Snack Cake Milk	26 Loaded Baked Potato w/Taco Meat Broccoli Cheese Sour Cream/Marg Wheat Bread Brownie Milk	27 Potato Crusted Fish Macaroni & Tomatoes Green Beans Wheat Bread/Marg Cookies Milk
30 CLOSED FOR MEMORIAL DAY HOLIDAY	31 Penne Pasta w/Meat Sauce Cauliflower Warm Spiced Applesauce Texas Toast Milk			Operated by the SWIRCA & More Nutrition Program 16 W. Virginia St Evansville, Indiana 812-464-7807