

# SWIRCA & More

*June Ivy Café*

2023

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Operated by the SWIRCA &amp; More Nutrition Program 16 W. Virginia St Evansville, Indiana 812-464-7807</p>	<p>Serving sizes: Meat/Entrée: 2 ½ -3 oz cooked edible meat Veg/Salad/Fruit/Dessert: ½ cup Margarine: 1 teaspoon Bread: 1 slice Milk: ½ pint Casserole: 1 cup</p>		<p>1 Baked Chicken Quarter Garlic Mashed Potatoes California Blend Wheat Bread/Marg Apple Pie</p>	<p>2 Sausage &amp; Egg Croissant Hash Brown Pattie Fresh Fruit Salad Glazed Donut OJ/Coffee  <u>Only 60 servings!</u></p>
<p>5 Cheeseburger on Bun Pickle &amp; Onion Potato Wedges Creamed Corn Jello w/Fruit Chocolate French Silk Pie</p>	<p>6 Smoked Pork Chop Scalloped Potatoes Brussel Sprouts Wheat Bread/Marg Homemade Apple Crumb Cake</p>	<p>7 Chicken Parmesan Pasta w/Sauce Cauliflower Garlic Bread Stick Assorted Cheesecake</p>	<p>8 Honey Baked Ham Box Lunches!!  <u>Must have a ticket!!</u></p>	<p>9 Polish Sausage on Bun Sauteed Peppers &amp; Onions Homemade Macaroni &amp; Cheese Sugar Snap Peas Millionaire Pie</p>
<p>12 BBQ Pork on Bun Pickle &amp; Onion Red Skin Potatoes Succotash Lemon Meringue Pie</p>	<p>13 Scrambled Eggs Sausage Patty Country Gravy Southern Style Biscuit Oven Fried Potatoes Fresh Fruit Salad</p>	<p>14 <u>Summer Shindig &amp; Bingo!</u> Marx BBQ Sliced Pork on Bun Pickle &amp; Onion German Potato Salad Baked Beans Bread/Marg Ice Cream Sundae <u>Must have a ticket!</u></p>	<p>15 Ham &amp; Cheese Sliders on Bun(3) Tater Tots Mixed Vegetables Iced Cake</p>	<p>16 Chicken Fajitas Yellow Rice Black Beans Soft Tortilla Shell Churro w/Ice Cream Cup</p>
<p>19 CLOSED FOR JUNETEENTH  HOLIDAY</p>	<p>20 Smoked Pork Chop Homemade Macaroni &amp; Cheese Broccoli Roll Pineapple Upside Down Cake</p>	<p>21 BLT &amp; E (Bacon, Lettuce, Tomato &amp; Egg) on Croissant Hash Brown Pattie Fresh Fruit Salad Cookies &amp; Cream Pie</p>	<p>22 Swiss Mushroom Burger on Bun Buttered Corn Baked Beans Fruits of the Forest Pie</p>	<p>23 Fried Chicken Mashed Potatoes w/Gravy California Blend Vegetables Bread/Marg Homemade Cobbler Only 65 servings</p>
<p>26 Polish Sausage Mashed Potatoes Sauerkraut Applesauce Wheat Bread/Marg Cherry Pie</p>	<p>27 Meatloaf Sandwich Twice Stuffed Potato Three Bean Salad Banana Pudding</p>	<p>28 Beef &amp; Noodles Normandy Blend Veg Spiced Apples Roll Boston Cream Pie</p>	<p>29 BBQ Chicken Quarter Baked Beans Chuckwagon Corn Rye Bread/Marg Coconut Cream Pie  Only 60 servings</p>	<p>30 Philly Cheesesteak on Bun w/Peppers &amp; Onions Potato Wedges Broccoli Lemon Ice Box Pie</p>