SWIRCA & More

Ivy Café September 2023

Monday	Tuesday	Wednesday	Thursday	Friday
Operated by the SWIRCA & More Nutrition Program 16 W. Virginia St Evansville, Indiana 812-464-7807				1 Fried Cod Tartar Sauce Homemade Macaroni & Cheese Seasoned Green Beans Wheat Bread Lemon Meringue Pie
4 CLOSED	5 Scrambled Eggs Hickory Smoked	6 Stuffed Green Pepper	7 Chicken Salad on Croissant	8 Chicken & Dumplings Seasoned Green Beans
LABOR DAY	Bacon Southern Style Biscuit	Whole Baked Sweet Potato w/Cinnamon Sugar & Butter	Pasta Salad Cheesy Broccoli Soup Creackers	Biscuit Spiced Peaches Pecan Pie
HOLIDAY	Country Gravy Applesauce Donut OJ/Coffee	Green Peas Bread/Marg Apple Pie	Fresh Fruit Salad Cherry Pie	recun rie
11	12	13	14	15
Spaghetti w/Meatballs & Sauce Broccoli Warm Applesauce Garlic Bread Assorted Cheesecake	French Onion Chicken Baby Bakers Buttered Carrots Dinner Roll Banana Pudding	Polish Sausage Sauteed Onions & Peppers on Bun Mashed Potatoes Sauerkraut Homemade Peach Cobbler w/Ice Cream	Cheeseburger on Bun Pickle, Onion, Lettuce & Tomato French Fries Baked Beans Iced Cake	Fried Chicken Mashed Potatoes w/Gravy California Blend Roll Lemon Icebox Pie
18	19	20	21	22
Smoked Pork Chop Red Skin Potatoes	Baked Chicken Quarter	BBQ Pork Pickle & Onion	Meatloaf Garlic Mashed	Fried Cod AuGratin Potatoes
Normandy Blend	Garlic Mashed	Potato Salad	Potatoes	Vegetable Blend
Wheat bread/Marg Apple Pie	Potatoes Broccoli Fruits of Forest Pie	Baked Beans Rye Bread Lemon Meringue Pie	Mixed Vegetables Roll Cookies & Cream Pie	Roll Pineapple Upside Down Cake
25	26	27	28	29
Salisbury Steak	Lasagna	Sliced Roast Beef	Sliced Baked Ham	Fried Cod
w/Gravy	Italian Vegetables	w/Gravy	Oven Fried Potatoes	Tartar Sauce
Mashed Potatoes Buttered Carrots	Spiced Apples Garlic Bread	Scalloped Potatoes French Style Green	Great Northern Beans Cornbread	Homemade Macaroni & Cheese
Roll Assorted Desserts	Banana Pudding	Beans Roll Homemade Apple	Apple Pie	Sugar Snap Peas Wheat Bread Coconut Cream Pie
		Crumb Cake		