

SWIRCA & More

July Ivy Cafe

2024

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>Salisbury Steak w/Gravy Mashed Potatoes Carrots Roll Fruits of Forest Pie</p>	<p>2</p> <p>Lasagna Italian Beans Spiced Apples Garlic Breadstick Cheesecake</p>	<p>3</p> <p>Baked Ham Pinto Beans Oven Fried Potatoes Cornbread Apple Pie</p>	<p>4</p> <p>CLOSED</p> <p>INDEPENDENCE</p> <p>DAY</p> <p>HOLIDAY</p>	<p>5</p> <p>Fried Cod Tartar Sauce Homemade Macaroni & Cheese Seasoned Green Beans Wheat Bread/Marg Coconut Cream Pie</p>
<p>8</p> <p>Penne Pasta w/Meat Sauce Broccoli Warm Spiced Apples Garlic Breadstick Cookies & Cream Pie</p>	<p>9</p> <p>Baked Chicken Garlic Mashed Potatoes California Blend Wheat Bread/Marg Apple Dumpling w/Sauce</p>	<p>10</p> <p>BBQ Pork on Bun Pickle & Onion Baked Beans Potato Salad Lemon Meringue Pie</p>	<p>11</p> <p>Sweet & Sour Chicken Rice Pilaf Vegetable Blend Bread/Marg Iced Cake</p>	<p>12</p> <p>Hickory Smoked Bacon Fried Egg Croissant Hash Brown Pattie Fresh Fruit Salad Donut</p>
<p>15</p> <p>Hamburger on Bun Pickle & Onion Potato Wedges Creamed Corn Assorted Desserts</p>	<p>16</p> <p>Smoked Pork Chop Scalloped Potatoes Brussel Sprouts Wheat Bread/Marg Cherry Pie</p>	<p>17</p> <p>Chicken Parmesan Baby Bakers Cauliflower Garlic Bread Cheesecake</p>	<p>18</p> <p>Fried Chicken Mashed Potatoes & Gravy French Style Green Beans Biscuit Fruit Crisp</p>	<p>19</p> <p>All Beef Frank on Bun Homemade Macaroni & Cheese Sugar Snap Peas Bakeless Italian Cake</p>
<p>22</p> <p>BBQ Boneless Riblet on Bun Diced Potatoes Succotash French Silk Chocolate Pie</p>	<p>23</p> <p>Hickory Smoked Bacon Country Gravy Southern Style Biscuit Oven Fried Potatoes Banana Danish</p>	<p>24</p> <p>Stuffed Green Pepper Sweet Potatoes Green Peas Bread/Marg Lemon Ice Box Pie</p>	<p>25</p> <p>Manwich Sloppy Joe On Bun Tater Tots Mixed Vegetables Banana Pudding</p>	<p>26</p> <p>Chicken Fajita Yellow Rice Stewed Tomatoes Soft Tortilla Churro & Ice Cream</p>
<p>29</p> <p>Smoked Pork Chop Homemade Macaroni & Cheese Broccoli Roll Apple Pie</p>	<p>30</p> <p>French Onion Chicken Baby Bakers Carrots Wheat Bread/Marg Assorted Desserts</p>	<p>31</p> <p>Meatballs w/Gravy Rice Pilaf Vegetable Blend Bread/Marg Chess Pie</p>	<p>Operated by the SWIRCA & More Nutrition Program 16 W. Virginia St Evansville, Indiana 812-464-7807</p>	<p>Serving sizes: Meat/Entrée: 2 ½ -3 oz cooked edible meat Veg/Salad/Fruit/Dessert: ½ cup Margarine: 1 teaspoon Bread: 1 slice Milk: ½ pint Casserole: 1 cup</p>