

July 2024

Activity Center Calendar

Kristin Hood – Healthy Aging Director
David Brown - Aging Coordinator
Open Mon - Fri, 8:00am - 4:00pm
16 W. Virginia St. Evansville, IN 47710


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<div>1</div> <div>Today's Sponsor Retreat at Leisure Living</div> <div>9:30 Tai Chi 11:00 Cards & Games 11:30 Lunch 1:00 Intro to Exercise 2:30 Chair Yoga</div>	<div>2</div> <div>Today's Sponsor Solarbron</div> <div>9:00 Intro Line Dance 9:30 Line Dancing 10:30 Bingocize 11:00 Cards & Games 11:30 Lunch 1:30 Arthritis Exercise 2:15 Bingocize</div>	<div>3</div> <div>Today's Sponsor Senior Connection</div> <div>9:30 Stretch & Tone 11:00 Cards & Games 11:30 Lunch 1:00 Aging Matters</div>	<div>4</div> <div>SWIRCA Closed</div> <div>4TH OF JULY</div> <div>Independence Day</div>	<div>5</div> <div>9:30 Exercise with Eva 11:00 Cards & Games 11:30 Lunch 1:00 Bingo - Deaconess Hospice</div>
<div>8</div> <div>Today's Sponsor The Gardens At Oasis</div> <div>9:30 Tai Chi 11:00 Cards & Games 11:30 Lunch 12:45 Music Appreciation 1:45 Intro to Exercise 2:30 Chair Yoga</div>	<div>9</div> <div>9:00 Intro Line Dance 9:30 Line Dancing 10:30 Bingocize 11:00 Cards & Games 11:30 Lunch 1:30 Arthritis Exercise 2:15 Bingocize</div>	<div>10</div> <div>Today's Sponsor Newburgh Healthcare</div> <div>9:30 Stretch & Tone 10:30 Drums Alive 11:00 Cards & Games 11:30 Lunch</div>	<div>11</div> <div>Today's Sponsor Riverwalk Communities</div> <div>9:30 Chair Yoga 10:30 Bingocize 11:00 Cards & Games 11:30 Lunch 1:00 Intro to Exercise 2:15 Bingocize</div>	<div>12</div> <div>9:30 Exercise with Eva 11:00 Cards & Games 11:30 Lunch 1:00 Bingo</div>
<div>15</div> <div>9:30 Tai Chi 11:00 Cards & Games 11:30 Lunch 12:30 Radio Players 1:00 Intro to Exercise 2:30 Chair Yoga</div>	<div>16</div> <div>Today's Sponsor AARP</div> <div>9:00 Intro to Line Dance 9:30 Line Dancing 10:30 Bingocize 11:00 Cards & Games 11:30 Lunch 1:00 Bob Ross Painting 1:30 Arthritis Exercise 2:15 Bingocize</div>	<div>17</div> <div>Today's Sponsor Melrose</div> <div>9:30 Stretch & Tone 10:30 Drums Alive 11:00 Cards & Games 11:30 Lunch</div>	<div>18</div> <div>Today's Sponsor Riverbend</div> <div>9:30 Chair Yoga 10:30 Bingocize 11:00 Cards & Games 11:30 Lunch 1:00 Intro to Exercise 2:00 WWII Presentation 2:15 Bingocize 5:00 Log Inn Bingo</div>	<div>19</div> <div>9:30 Exercise with Eva 11:00 Cards & Games 11:30 Lunch 1:00 Bingo</div>
<div>22</div> <div>9:30 Tai Chi 11:00 Cards & Games 11:30 Lunch 1:00 Intro to Exercise 2:30 Chair Yoga</div>	<div>23</div> <div>Today's Sponsor Senior Connection</div> <div>9:00 Intro Line Dance 9:30 Line Dancing 10:00 Bingocize 11:00 Cards & Games 11:30 Lunch 1:30 Arthritis Exercise 2:15 Bingocize</div>	<div>24</div> <div>Today's Sponsor Evansville Protestant Home</div> <div>9:30 Stretch & Tone 10:30 Drums Alive 11:00 Cards & Games 11:30 Lunch 12:30 Book Club 2:00 Tourcy Travel Show</div>	<div>25</div> <div>Today's Sponsor Oasis Dementia Care</div> <div>9:30 Chair Yoga 10:30 Bingocize 11:00 Cards & Games 11:30 Lunch 1:00 Intro to Exercise 2:00 Shuffleboard 2:15 Bingocize</div>	<div>26</div> <div>9:30 Exercise with Eva 11:00 Cards & Games 11:30 Lunch 1:00 Bingo</div>
<div>29</div> <div>9:30 Tai Chi 11:00 Cards & Games 11:30 Lunch 1:00 Intro to Exercise 2:30 Chair Yoga</div>	<div>30</div> <div>9:00 Intro Line Dance 9:30 Line Dancing 10:30 Bingocize 11:00 Cards & Games 11:30 Lunch 1:30 Arthritis Exercise 2:15 Bingocize</div>	<div>31</div> <div>Today's Sponsor Heritage Woods</div> <div>9:30 Stretch & Tone 10:30 Drums Alive 11:00 Cards & Games 11:30 Lunch</div>	<div>Support the SWIRCA & More Activity & Wellness Center</div> <div>SOLD OUT</div> <div>Crop for SWIRCA</div> <div>SATURDAY, 8/17/24</div> <div>Scrapbooking event with lunch provided</div> <div>9 AM to 6 PM</div> <div>SWIRCA & More Activity Center</div> <div>16 W. Virginia St. Evansville, IN 47710</div> <div>Sponsored by</div> <div></div> <div></div>	

HOSPICE SCHEME

Beneficiaries are being tricked into signing up for hospice under the guise they were signing up for a program that offers money for enrolling, nurse visits, gloves, lotion, & Ensure shakes.

Be on the lookout for #HospiceSchemes that are on the rise. Review your Medicare statements for any charges that look suspicious.

If you find that you have been signed up for hospice services against your will, contact your Indiana #SMP at 800-986-3505.



Happy 4th of July

FROM THE SMP

Preventing Medicare Fraud





MELROSE

ASSISTED LIVING

812.556.4440

Schedule a tour today!





Heritage Woods of Newburgh
An Affordable Assisted Lifestyle Community for the Older Adult

- Three restaurant-style meals served daily plus snacks
- Assistance with daily living

4211 Grimm Road, Newburgh, IN 47630
hw-newburgh.com 812-853-9810
Managed by Gardant Management Solutions

- Weekly housekeeping and laundry
- Medication administration

Medicaid Waiver Accepted





Oasis Dementia Care
A Dedicated Memory Care Community

OasisDementiaCare.com

Redefining Assisted Living!

Call to schedule your tour today!

812-303-3310



The GARDENS
at Oasis Assisted Living

TheGardensatOasis.com



French Lick Scenic Railway

\$150 per person

Join Servants Travel on 10/01/2024 for a trip on the French Lick Scenic Railway through Hoosier National Forest to the Overlook Restaurant voted Indiana's most beautiful restaurant view!

Register by 08/01/2024 at servantstravel@outlook.com with trip name and party size! Must have 45 Reservations for trip confirmation. No deposits made until 45 seats reserved.



BRAND NEW SENIOR LIVING



STUDIO, 1 & 2 BEDROOMS APARTMENTS

Utilities Included
Meal Plans Included*
Washer/Dryer In Every Unit



(812) 415-2117

RESTRICTIONS APPLY



Bring harmony to life...
tune in to great living!

SOLARBON

Family-First Senior Living from CarDon

812-985-9955

INDEPENDENT LIVING • ASSISTED LIVING
REHABILITATION • LONG TERM CARE
MEMORY SUPPORT

BRICKYARD Healthcare

SKILLED NURSING • SHORT-TERM REHAB • LONG-TERM CARE • THERAPY



Visit our Website or
Contact our Referral Line:

DIRECT CONNECT

24/7 Referral Line
ph: 855-855-8113
fax: 855-855-5270

In the Care of Community



RIVERWALK COMMUNITIES

ASSISTED LIVING SERVICES PROVIDED 24 HOURS A DAY!

Medicaid Approved & Accepted

CALL TO SCHEDULE A TOUR!
812-781-0392

****All activities and events are subject to change without notice.****



SWIRCA & More

Log Inn Dinner & Bingo with Prizes



Thursday, July 18 at 5:00 pm
All Tickets \$15.00 (Limited seating 150 tickets)

Tickets on sale Mon, June 17 – Tues, July 16 or while tickets last
at SWIRCA & More Activity Center, 16 W Virginia St Evansville, IN

Menu: Log Inn’s Famous Fried Chicken, Mashed Potatoes & Gravy,
Green Beans, Cole Slaw, Dinner Roll, and Tea/Coffee/Lemonade

~ You must provide your own transportation to the Log Inn ~



Sponsored by



12491 County Road 200 East, Warrenton, IN



Jewels of the Rhine River Cruise
Netherlands • Germany
France • Switzerland
October 3-14, 2025
Free Airfare (Limited Time Offer)

Painted Canyons of the West
Travel Show
Wednesday, July 24, 2024
2:00 pm CDT
At SWIRCA & More



For more Information please call
812-781-0201 or visit
travelwithtourcy.com



Painted Canyons of the West
Featuring Utah’s Five National Parks
May 10-19, 2025
Book by November 11, 2024 &
save \$100 per person

FREE Event
For All Ages!
RSVP
by 07/05!

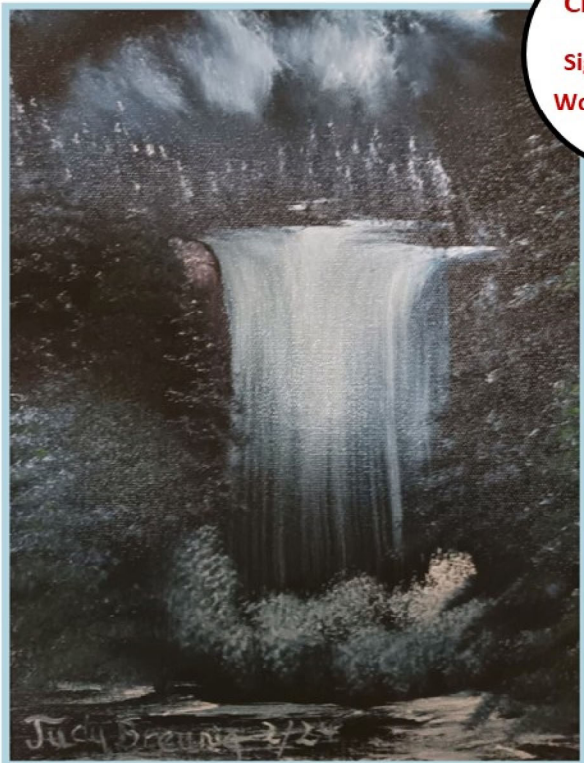
12:30 - 1:30 Music, Cake, Ice Cream,
and Door Prize Drawing #1

1:30 - 2:00 It Takes a Village
Furever Friends

2:00 - 3:30 Bingo for Prizes, Crafts,
Games, and Door Prize Drawing #2

SWIRCA’s
50th Anniversary
Summer Fun Fair
July 11th 12:30 - 3:30

Bob Ross Painting Workshop
with
Judy Breunig
Certified Bob Ross Artist



July 16th at 1:00 PM
Limited to 10 seats

Class is FULL.
Sign up for Oct.
Workshop today!

BINGOsize®

Twice a Week June 4th – Aug 8th
Evidence-Based
ACL –Approved
A Blast of Fun and Fitness!
Tuesdays and Thursdays
10:30 – 11:15 AM or 2:15 – 3:00 PM
Seating is limited,
please sign up by calling
812-464-7800

Balance
with
Brenda



Join us for
new balance
class with
Brenda Webb!
Limited to 10 seats

Wednesdays at 1:00 PM
Beginning 07/17/2024