

SWIRCA & More

September Ivy Café

2024

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>LABOR DAY</p> <p>CLOSED</p>	<p>3</p> <p>BBQ Pork on Bun Pickle & Onion Cheesy Potatoes Succotash Assorted Desserts</p>	<p>4</p> <p><u>Nutrition Bingo for Prizes @12:30pm</u> <u>Must eat lunch to participate</u> Pork Tenderloin Dressing Normandy Blend Roll Pecan Pie</p>	<p>5</p> <p>Manwich Sloppy Joe on Bun Tater Tots Mixed Vegetables Cookies & Cream Pie</p>	<p>6</p> <p>Fried Chicken Mashed Potatoes w/Gravy Seasoned Green Beans Biscuit Fruit Cobbler w/Ice Cream</p> <p>Limit 70 servings</p>
<p>9</p> <p>Smoked Pork Chop Homemade Macaroni & Cheese Broccoli Wheat Bread/Marg Apple Pie</p>	<p>10</p> <p>French Onion Chicken Baby Bakers Carrots Wheat Bread/Marg Chess Pie</p>	<p>11</p> <p>Meatballs w/Gravy Rice Pilaf Vegetable Blend Bread/Marg Lemon Pie</p>	<p>12</p> <p>Swiss Mushroom Burger on Bun Buttered Corn Baked Beans French Silk Chocolate Pie</p>	<p>13</p> <p>Country Fried Steak Garlic Mashed Potatoes California Blend Biscuit Banana Pudding</p>
<p>16</p> <p>Polish Sausage Mashed Potatoes Sauerkraut Rye Bread/Marg Apple Crisp</p>	<p>17</p> <p>Meatloaf Sandwich Twice Stuffed Potatoes Green Beans Cherry Pie</p>	<p>18</p> <p>Omelet Hashbrown Patty Biscuit Pears Yogurt OJ</p>	<p>19</p> <p>BBQ Chicken Baked Beans Chuckwagon Corn Rye Bread/Marg Pineapple Upside Down Cake</p>	<p>20</p> <p>Philly Cheesesteak w/Onions & Peppers French Fries Seasoned Green Beans Lemon Pie</p>
<p>23</p> <p>Salisbury Steak w/Gravy Mashed Potatoes Carrots Wheat Bread/Marg Fruits of the Forest</p>	<p>24</p> <p>Lasagna Italian Beans Garlic Bread Cheesecake w/Fruit Topping</p>	<p>25</p> <p>Ham & Beans (1 cup) Spinach Cornbread Apple Dumpling w/Sauce</p>	<p>26</p> <p>Chicken Strips w/Gravy Dipping Baked Potato w/Sour Cream Normandy Blend Veg Roll Lemon Cake Slice</p>	<p>27</p> <p>Fried Cod Tartar Sauce Homemade Macaroni & Cheese Seasoned Green Beans Wheat Bread/Marg Coconut Cream Pie</p>
			<p>Serving sizes: Meat/Entrée: 2 ½ -3 oz cooked edible meat Veg/Salad/Fruit/Dessert: ½ cup Margarine: 1 teaspoon Bread: 1 slice Milk: ½ pint Casserole: 1 cup</p>	<p>Operated by the SWIRCA & More Nutrition Program 16 W. Virginia St Evansville, Indiana 812-464-7807</p>