

# November

2024 SWIRCA Activity Center Calendar

Open Mon - Fri, 8:00am - 4:00pm

16 W. Virginia St. Evansville, IN 47710 (812) 464-7800 or (800) 253-2188 [www.swirca.org](http://www.swirca.org)

Kristin Hood – Healthy Aging Director

Shannon Epley– Healthy Aging Coordinator

## Welcome to the Activity Center!

Please join us in welcoming SWIRCA' & More' s New Healthy Aging Coordinator, Shannon Epley!

*You may know Shannon already from her previous role in the front lobby. We're so excited for her to join our team!!!*

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### Veterans Celebration

Must Have Reservations  
Doors Open at 9:00am  
Program at 10:00  
Lunch at 11:30

<p>4</p> <p>Today's Sponsor</p> <p>9:30 Tai Chi 11:00 Cards &amp; Games 11:30 Lunch 1:00 Intro to Exercise 2:30 Chair Yoga</p>	<p>5</p> <p>Today's Sponsor</p> <p><b>Aetna</b></p> <p>9:00 Intro Line Dance 9:30 Line Dancing 11:00 Cards &amp; Games 11:30 Lunch 12:30 UE Balance Prgm 1:30 Arthritis Exercise</p>	<p>6</p> <p>9:00 Stretch &amp; Tone 10:00 Drums Alive 11:00 Cards &amp; Games 11:30 Lunch 1:00 Aging Matters 1:00 Balance with Brenda 1:00 Servants Travel Show</p>	<p>7</p> <p>Today's Sponsor</p> <p><b>Astound Broadband</b></p> <p>9:30 Chair Yoga 11:00 Cards &amp; Games 11:30 Lunch 1:00 Intro to Exercise</p>	<p>8</p> <p>9:30 Exercise with Eva 11:00 Cards &amp; Games 11:30 Lunch 1:00 Bingo</p> <p>Sponsored by:</p> <p><b>Aetna</b></p>
<p>11</p> <p><b>SWIRCA Closed</b></p> <p><b>Veterans Day</b></p> <p><b>WE ARE thankful FOR YOUR SERVICE</b></p>	<p>12</p> <p>Today's Sponsor</p> <p>9:00 Intro Line Dance 9:30 Line Dancing 11:00 Cards &amp; Games 11:30 Lunch 1:30 Arthritis Exercise 2:30 Tourcy Travel Show Jewels of the Rhine</p>	<p>13</p> <p>Today's Sponsor</p> <p>9:00 Stretch &amp; Tone 10:00 Drums Alive 11:00 Cards &amp; Games 11:30 Lunch 1:00 Balance with Brenda</p>	<p>14</p> <p>Today's Sponsor</p> <p>9:30 Chair Yoga 11:00 Cards &amp; Games 11:30 Lunch 1:00 Intro to Exercise</p>	<p>15</p> <p>Today's Sponsor</p> <p>9:30 Exercise with Eva 11:00 Cards &amp; Games 11:30 Lunch 1:00 Bingo</p>
<p>18</p> <p>Today's Sponsor</p> <p><b>AARP</b></p> <p>9:30 Tai Chi 11:00 Cards &amp; Games 11:30 Lunch 1:00 Intro to Exercise 2:30 Chair Yoga</p>	<p>19</p> <p>Today's Sponsor</p> <p>9:00 Intro Line Dance 9:30 Line Dancing 11:00 Cards &amp; Games 11:30 Lunch 1:30 Arthritis Exercise</p>	<p>20</p> <p>Today's Sponsor</p> <p>9:00 Stretch &amp; Tone 11:00 Cards &amp; Games 11:30 Lunch 1:00 Balance with Branda</p>	<p>21</p> <p><b>THANKSGIVING LUNCH</b></p> <p>Reservations Required Doors open at 9:00am Must have ticket for entry</p>	<p>22</p> <p>9:30 Exercise with Eva 11:00 Cards &amp; Games 11:30 Lunch 1:00 Bingo</p> <p>Sponsored by:</p> <p><b>Aetna</b></p>
<p>25</p> <p>Today's Sponsor</p> <p>9:30 Tai Chi 11:00 Cards &amp; Games 11:30 Lunch 1:00 Intro to Exercise 2:30 Chair Yoga</p>	<p>26</p> <p>Today's Sponsor</p> <p>9:00 Intro Line Dance 9:30 Line Dancing 11:00 Cards &amp; Games 11:30 Lunch 1:30 Arthritis Exercise</p>	<p>27</p> <p>Today's Sponsor</p> <p>9:30 Stretch &amp; Tone 11:00 Cards &amp; Games 11:30 Lunch 1:00 Balance with Brenda</p>	<p><b>Happy Thanksgiving from SWIRCA &amp; More</b></p> <p>SWIRCA is closed 11/28 and 11/29.</p>	

**Heritage Woods of Newburgh**  
An Affordable Assisted Lifestyle Community for the Older Adult

- Three restaurant-style meals served daily plus snacks
- Assistance with daily living

4211 Grimm Road, Newburgh, IN 47630  
hw-newburgh.com 812-853-9810  
Managed by Gardant Management Solutions

- Weekly housekeeping and laundry
- Medication administration

Medicaid Waiver Accepted

**MELROSE**  
ASSISTED LIVING

812.556.4440

**Schedule a tour today!**

Bring harmony to life... tune in to great living!

**SOLARBRON**  
Family-first Senior Living from CarDon

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INDEPENDENT LIVING • ASSISTED LIVING  
REHABILITATION • LONG TERM CARE  
MEMORY SUPPORT

**BRAND NEW SENIOR LIVING**

**STUDIO, 1 & 2 BEDROOMS APARTMENTS**  
Utilities Included  
Meal Plans Included\*  
Washer/Dryer In Every Unit

**(812) 415-2117**

**BRICKYARD**  
Healthcare

SKILLED NURSING • SHORT-TERM REHAB • LONG-TERM CARE • THERAPY

Visit our Website or Contact our Referral Line:

**DIRECT CONNECT**  
24/7 Referral Line  
ph: 855-855-9113  
fax: 855-855-5270

In the Care of Community

**RIVERWALK COMMUNITIES**

ASSISTED LIVING SERVICES PROVIDED 24 HOURS A DAY!

Medicaid Approved & Accepted

CALL TO SCHEDULE A TOUR!  
812-781-0392

**Servants Travel**

March 18, 2025  
No checks deposited until 45 paid trip reservations

Amish Luncheon and Candy Shop

Lunch of Amish Home Cooking  
Visit Amish Flea Market, Bakery, and Gift Shop  
Enjoy buggy rides and Amish Traditions

**\$115.00 per passenger, RSVP by 01/15/2025**

**Oasis Dementia Care**  
A Dedicated Memory Care Community

**OasisDementiaCare.com**

*Redefining Assisted Living!*

Call to schedule your tour today!  
812-303-3310

**The GARDENS**  
at Oasis Assisted Living

**TheGardensatOasis.com**

**Pre-Plan with us today!**

Your loved ones will thank you later.

**Titzer Family FUNERAL HOMES**

Evansville • Newburgh • Elberfeld

812-424-9288

**SWIRCA & More**

**\*\*All activities and events are subject to change without notice\*\***



SWIRCA & More Activity Center



Special Appearance  
by Santa

Holiday Party

Fri, Dec 6, 2024 from 9:00 am – 2:00 pm

Catered Lunch by Bauerhaus:

- Baked Glazed Ham
- Au Grain Potatoes
- Country Style Green Beans
- Sweet Corn
- Dinner Roll w/ Butter
- Dessert

All tickets \$10 on sale Fri, Nov 1st - Wed, Nov 27th

Doors open at 9:00am, Lunch at 11:30am and Dance with Music by DJ Larry at 12:30pm

Thank you to our Sponsors: Heritage Woods of Newburgh,  
Riverbend Nursing and Rehab, and Wyndmoor of Evansville,

Call 812-464-7800 for more information



Jewels of the Rhine River Cruise  
Netherlands • Germany  
France • Switzerland  
October 3-14, 2025  
Free Airfare (Limited Time Offer)

2025 Rhine River Cruise Tour  
Information Session  
Tuesday, November 12  
2:30PM CST  
at SWIRCA & More

TOURCY



For more information please  
call 812-270-0201 or visit  
Travelwithtourcy.com



Painted Canyons of the West  
Featuring Utah's Five National Parks  
May 10-19, 2025  
Book by November 11, 2024 &  
save \$100 per person

Servants Travel  
2025 Trip Showcase

Please join Nathan and Charlene Gates of Servant's Travel  
at SWIRCA & More for a presentation of upcoming trips and tours!  
November 6th, 1- 3 PM in the Activity Center

For more information or to make a trip reservation,  
please call (812) 629-7888 or email [servantstravel@outlook.com](mailto:servantstravel@outlook.com)

Servants Travel

Let's Learn About  
**FALL PREVENTION!**  
Topics Include:

- Fall Risks
- Home Modifications
- Fall Recovery

Presented by: UE DPT Students  
Location: SWIRCA  
Date: November 5th, 2024  
Time: @ 12:30 p.m.

Light Refreshments Provided!

TITZER FAMILY FUNERAL HOME IN COOPERATION WITH SWIRCA PRESENTS

**ASK THE (FUNERAL) DIRECTOR**  
TUESDAY, NOVEMBER 19TH 10:00 AM

ASK US ABOUT:

- WHEN TO START PLANNING
- HANDLING UNEXPECTED LOSSES
- CREMATION VS. TRADITIONAL SERVICES
- FUNERAL-RELATED FINANCIAL CONCERNS
- DEALING WITH LIFE INSURANCE

NO FEE & NO SIGNUP REQUIRED!

HOSTED BY  
DANIELLE HARPE,  
FUNERAL PROFESSIONAL

**Titzer Family FUNERAL HOMES**  
Evansville • Newburgh • Elberfeld

CALL 24/7 AT (812) 424-9288

**Crafting with Jennifer**  
Wednesday December 4th at Noon  
Crafting decorations for  
the SWIRCA Holiday Party  
Sign-up by 11/27/2024

Free!  
Limited  
to 20 Seats