

December 2024

SWIRCA Activity Center Calendar
 Open Mon - Fri, 8:00am - 4:00pm
 16 W. Virginia St. Evansville, IN 47710
 (812) 464-7800 or (800) 253-2188 www.swirca.org
 Kristin Hood – Healthy Aging Director
 Shannon Epley – Healthy Aging Coordinator

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 9:30 Tai Chi 11:00 Cards & Games 11:30 Lunch 1:00 Intro to Exercise 2:30 Chair Yoga	3 Today's Sponsor Aetna 9:00 Intro Line Dancing 9:30 Line Dancing 11:00 Cards & Games 11:30 Lunch 1:30 Arthritis Exercise	4 9:00 Stretch & Tone 10:00 Drums Alive 11:30 Lunch 12:00 Craft with Jennifer 1:00 Balance with Brenda 1:00 Aging Matters	5 9:30 Chair Yoga 11:00 Cards & Games 11:30 Lunch 1:00 Intro to Exercise	6 No Regular Activities Holiday Party Must have a ticket 9:00am – 2:00pm Doors open at 9:00am Lunch at 11:30 Dance at 12:30 
9 9:30 Tai Chi 11:00 Cards & Games 11:30 Lunch 12:45 Music Appreciation 1:00 Dementia Friends 1:45 Intro to Exercise 2:30 Chair Yoga	10 9:00 Intro Line Dancing 9:30 Line Dancing 11:00 Cards & Games 11:30 Lunch 1:30 Arthritis Exercise	11 9:00 Stretch & Tone 10:00 Drums Alive 11:30 Lunch 1:00 Balance with Brenda	12 9:30 Chair Yoga 11:00 Cards & Games 11:30 Lunch SWIRCA Closed at Noon Staff Holiday Party	13 9:30 Exercise with Eva 11:00 Cards & Games 11:30 Lunch 1:00 Bingo
16 9:30 Tai Chi 11:00 Cards & Games 11:30 Lunch 1:00 Intro to Exercise 2:30 Chair Yoga	17 9:00 Intro Line Dancing 9:30 Line Dancing 11:00 Cards & Games 11:30 Lunch 1:30 Arthritis Exercise	18 Today's Sponsor Solarbron 9:00 Stretch & Tone 10:00 Drums Alive 11:30 Lunch 1:00 Balance with Brenda	19 9:30 Chair Yoga 11:00 Cards & Games 11:30 Lunch 1:00 Intro to Exercise	20 9:30 Exercise with Eva 11:00 Cards & Games 11:30 Lunch 1:00 Bingo
23 9:30 Tai Chi 11:00 Cards & Games 11:30 Lunch 1:00 NO Intro to Exercise 1:00 Polar Express PJ Party 2:30 NO Chair Yoga	24 25 Happy Holidays Christmas Eve SWIRCA Closed Christmas Day SWIRCA Closed		26 9:30 Chair Yoga 11:00 Cards & Games 11:30 Lunch 1:00 Intro to Exercise Kwanzaa Begins First day of Hanukkah	27 9:30 Exercise with Eva 11:00 Cards & Games 11:30 Lunch 1:00 Bingo Bob & Mary Eubanks Day
30 9:30 Tai Chi 11:00 Cards & Games 11:30 Lunch 1:00 Intro to Exercise 2:30 Chair Yoga 2:30 Caregiver Support Group	31 9:00 Intro Line Dancing 9:30 Line Dancing 11:00 Cards & Games 11:30 Lunch 1:30 "Rockin' in the New Year" Arthritis Exercise Activity Center Closed at 3:00 pm	2025 Happy New Year SWIRCA Closed New Year's Day	Holiday Trivia Q: Who originally sang "Baby, It's Cold Outside?" A: Esther Williams and Ricardo Montalban Q: What's the name of Rudolph's girlfriend in the "Rudolph the Red-Nosed Reindeer" television special? A: Clarice Q: What well-known Christmas carol became the first song ever broadcast from space in 1965? A: "Jingle Bells"	

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 CALL TO SCHEDULE A TOUR!
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****All activities and events are subject to change without notice****

Heritage Woods of Newburgh
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 4211 Grimm Road, Newburgh, IN 47630
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 Managed by Gardant Management Solutions
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 • Weekly housekeeping and laundry
 • Medication administration

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AMISH LUNCHEON & CANDY SHOP 3.18.2025
 Lunch of Amish Home Cooking, Visit an Amish Flea Market, Bakery, and Gift Shop. Also Enjoy Buggy Rides and Amish Traditions
\$115 per person
RSVP by 1/15
No checks deposited until 45 paid trip reservations
Servants Travel
 servantstravel@outlook.com | 812-629.7888
 www.servantstravel.pro
\$600 per person
RSVP by 2/01
3 Days, 2 Nights
 Admission, Meal Voucher for Emzara's Kitchen and Noah's Cafe, Double Occupancy at General Butler State Resort Park, Breakfast at the Lodge, and Transportation
3.24 - 26, 2025
ARK ENCOUNTER **CREATION MUSEUM**

SWIRCA & More

SWIRCA & More Activity Center

SOLD OUT

Holiday Party

Fri, Dec 6, 2024 from 9:00 am - 2:00 pm

Special Appearance by Santa

All tickets \$10 on sale Fri, Nov 1st - Wed, Nov 27th

Catered Lunch by Bauerhaus:

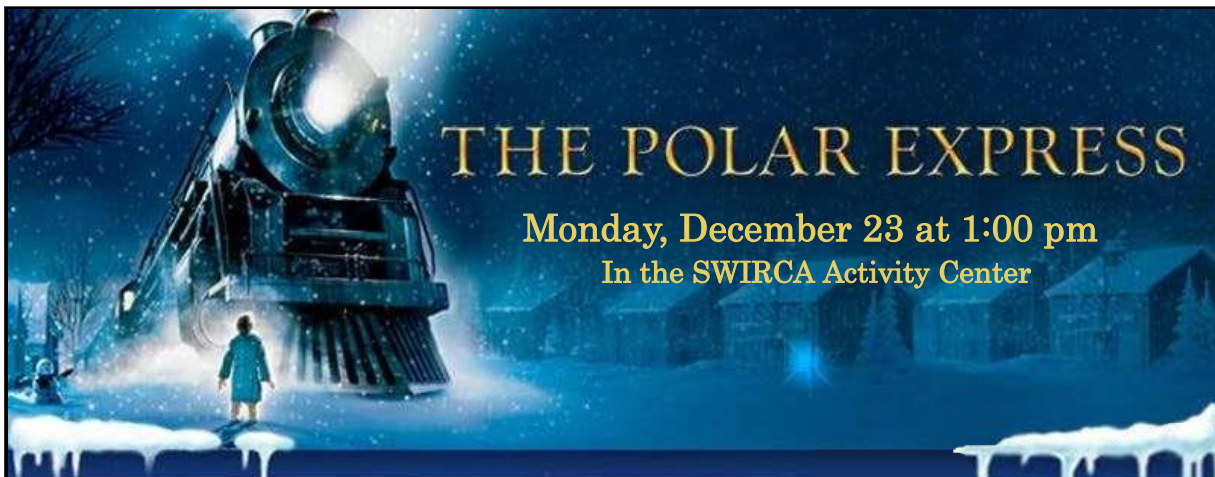
- Baked Glazed Ham
- Au Grain Potatoes
- Country Style Green Beans
- Sweet Corn
- Dinner Roll w/ Butter
- Dessert
- Iced Tea

Doors open at 9:00am, Lunch at 11:30am and Dance with Music by DJ Larry at 12:30pm

Thank you to our Sponsors: Heritage Woods of Newburgh,

Riverbend Nursing and Rehab, and Wyndmoor of Evansville

Call 812-464-7800 for more information



THE POLAR EXPRESS

Monday, December 23 at 1:00 pm

In the SWIRCA Activity Center

All aboard ... for an afternoon of fun, snacks and a movie, all while relaxing in your pajamas! Bring the kids, grandkids or just come yourself in pj's. Have your ticket ready to be punched by the conductor!

1:00 pm Hot Cocoa Bar, Cookies & Popcorn

1:30 pm Polar Express Movie

3:15 pm Polar Express & Door Prizes After Movie

Pajama Party

Call 812-464-7800 to make reservations by Fri, Dec 20 for this **FREE** event.



Jewels of the Rhine River Cruise
Netherlands • Germany
France • Switzerland
October 3-14, 2025
Free Airfare (Limited Time Offer)



And

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Painted Canyons of the West
Featuring Utah's Five National Parks
May 10-19, 2025
Book by November 11, 2024 &
save \$100 per person



Join

and **Servants Travel**

For a bus trip to Beef & Boards in Indianapolis

Wed, April 9, 2025 • \$187 per person

Includes: Transportation, Meal & Ticket
Reservations & Full Payment Due Feb 9, 2025
Call 812-464-7800 for more information

Beef & Boards
DINNER THEATRE

Jersey Boys is a musical biography of the Four Seasons that follows the lives of Frankie Valli, Bob Gaudio, Tommy DeVito and Nick Massi as they rise from their working-class New Jersey neighborhoods to international stardom. The show includes the hits "Sherry", "Big Girls Don't Cry" and "Can't Take My Eyes Off Of You" and also explores the group's friendships, personal conflicts and the challenges of fame. The show has been described as dramatic, beautifully staged and magnificently performed.



JERSEY BOYS

The Story of Frankie Valli & The Four Seasons

Music Appreciation

Join us for a

Holiday Music Sing Along

Mon, Dec 9 at 12:45 pm
In the SWIRCA Activity Center



SWIRCA Activity Center

Inclement Weather Policy

If the Evansville Vanderburgh School Corporation is **CLOSED OR** on a 2 Hour Delay
The SWIRCA & More Activity Center will open at 11:00 am

Most class videos can be found on
SWIRCA's Facebook page
www.facebook.com/SwircaAndMore

Please check WFIE Channel 14 for information/updates.