

SWIRCA & More

December

2024

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Chicken & Noodles Mashed Potatoes Warm Spiced Peaches Bread/Marg Cookies Milk</p>	<p>3</p> <p>BBQ Riblet on Bun Diced Potatoes Green Beans Applesauce Cup Milk</p>	<p>4</p> <p>Baked Chicken Baked Potato w/Sour Cream Normandy Blend Vegetables Bread/Marg Mandarin Oranges Milk</p>	<p>5</p> <p>Homemade Beef Stew (1 cup) Seasoned Cabbage Biscuit Brownie Milk</p>	<p>6</p> <p>Sloppy Joe on Bun Hash Brown Pattie Mixed Vegetables Fruit Cup Milk</p>
<p>9</p> <p>Chicken & Gravy Mashed Potatoes Green Beans Bread/Marg Mandarin Oranges Milk</p>	<p>10</p> <p>BBQ Pork on Bun Cheesy Potatoes Carrots Peach Cup Milk</p>	<p>11</p> <p>Chicken Pattie Red Skin Potatoes Asparagus Pear Cup Bread/Marg Milk</p>	<p>12</p> <p>Salisbury Steak w/Gravy Mashed Potatoes Brussel Sprouts Bread/Marg Cookie Milk</p>	<p>13</p> <p>Soft Shell Tacos (2) Cheese & Lettuce Spanish Rice Black Beans Chocolate Chip Cookies Milk</p>
<p>16</p> <p>Smoked Pork Chop Hominy Buttered Carrots Wheat Bread/Marg Brownie Milk</p>	<p>17</p> <p>Baked Chicken Sweet Potatoes Broccoli Bread/Marg Pineapple Cup Milk</p>	<p>18</p> <p>Polish Sausage on Bun Mashed Potatoes Sauerkraut Warm Spiced Apples Milk</p>	<p>19</p> <p>Chicken & Dumplings Vegetable Blend Warm Spiced Peaches Bread/Marg Cookies Milk</p>	<p>20</p> <p>Country Fried Steak w/Gravy Garlic Mashed Potatoes Seasoned Green Beans Bread/Marg Fruit Cup Milk</p>
<p>23</p> <p>Chicken Parmesan Mashed Potatoes California Blend Bread/Marg Pudding Cup Milk</p>	<p>24</p> <p>CLOSED</p> <p>CHRISTMAS EVE</p> <p>HOLIDAY</p>	<p>25</p> <p>CLOSED</p> <p>CHRISTMAS DAY</p> <p>HOLIDAY</p>	<p>26</p> <p>Hamburger on Bun Potato Wedges Stewed Tomatoes Mandarin Oranges Milk</p>	<p>27</p> <p>Chili w/Beans Baby Bakers Broccoli Crackers Strawberry Applesauce Cup Milk</p>
<p>30</p> <p>Spaghetti w/Meat Sauce Italian Vegetables Warm Spiced Apples Texas Toast Milk</p>	<p>31</p> <p>Smoked Pork Chop Sweet Potatoes Brussel Sprouts Bread/Marg Snack Cake Milk</p>		<p>Operated by the SWIRCA & More Nutrition Program 16 W. Virginia St Evansville, Indiana 812-464-7807</p>	<p>Serving sizes: Meat/Entrée: 2 ½ -3 oz cooked edible meat Veg/Salad/Fruit/Dessert: ½ cup Margarine: 1 teaspoon Bread: 1 slice Milk: ½ pint Casserole: 1 cup</p>