

SWIRCA & More

February

2025

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>Baked Ziti w/Italian Sausage Italian Vegetables Warm Spiced Peaches Texas Toast Milk</p>	<p>4</p> <p>Chicken Parmesan Garlic Mashed Potatoes California Blend Bread/Marg Pudding Cup Milk</p>	<p>5</p> <p>Pork Pattie w/Gravy Sweet Potatoes Spinach Bread/Marg Cherry Ambrosia Milk</p>	<p>6</p> <p>Hamburger on Bun Red Skin Potatoes Stewed Tomatoes Jello w/Fruit Milk</p>	<p>7</p> <p>Chili w/Beans Baby Bakers Broccoli Crackers Cookies Milk</p>
<p>10</p> <p>Spaghetti w/Meatsauce Italian Vegetables Warm Spiced Peaches Texas Toast Milk</p>	<p>11</p> <p>Smoked Pork Chop Sweet Potatoes Brussel Sprouts Bread/Marg Strawberry Applesauce Milk</p>	<p>12</p> <p>BBQ Chicken Homemade Macaroni & Cheese California Blend Lemon Cobbler Milk</p>	<p>13</p> <p>Ham & Beans Oven Fried Potatoes Cornbread Fruit Cup Milk</p>	<p>14</p> <p>Potato Crusted Fish Scalloped Potatoes Broccoli Bread/Marg Pudding Cup Milk</p>
<p>17</p> <p>CLOSED FOR PRESIDENT'S DAY HOLIDAY</p>	<p>18</p> <p>Pot Pie w/Biscuit Topping Corn Warm Spiced Peaches Brownie Milk</p>	<p>19</p> <p>Meatloaf Mashed Potatoes Carrots Mixed Fruit Cup Bread/Marg Milk</p>	<p>20</p> <p>Sausage Pattie Country Gravy Biscuit Hash Brown Pattie Banana Milk</p>	<p>21</p> <p>Goulash (1 cup) Peas Warm Spiced Apples Snack Cake Bread/Marg Milk</p>
<p>24</p> <p>Chicken & Noodles Mashed Potatoes French Style Green Beans Cookies Bread/Marg Milk</p>	<p>25</p> <p>BBQ Riblet on Bun Baked Beans Cauliflower Applesauce Cup Milk</p>	<p>26</p> <p>Polish Sausage Mashed Potatoes Sauerkraut Rye Bread/Marg Snack Cake Milk</p>	<p>27</p> <p>Homemade Beef Stew (1 cup) Seasoned Cabbage Biscuit Brownie Milk</p>	<p>28</p> <p>Sloppy Joe on Bun Hash Brown Pattie Mixed Vegetables Fruit Cup Milk</p>
			<p>Operated by the SWIRCA & More Nutrition Program 16 W. Virginia St Evansville, Indiana 812-464-7807</p>	<p>Serving sizes: Meat/Entrée: 2 ½ -3 oz cooked edible meat Veg/Salad/Fruit/Dessert: ½ cup Margarine: 1 teaspoon Bread: 1 slice Milk: ½ pint Casserole: 1 cup</p>