

SWIRCA & More

March Ivy Café

2025

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>Chicken & Gravy Or Meatloaf Mashed Potatoes Seasoned Green Beans Biscuit Cherry Pie</p>	<p>4</p> <p><u>Fat Tuesday Mardi Gras Lunch & Bingo</u> Jambalaya French Style Green Beans Toss Salad w/Dsg King Cake</p> <p>Must eat Lunch to play Bingo!</p>	<p>5</p> <p><u>Ash Wednesday</u> Potato Crusted Fish Scalloped Potatoes Stewed Tomatoes Lemon Meringue Pie</p> <p>Produce Box</p>	<p>6</p> <p>Salisbury Steak w/Gravy Or Mediterranean Turkey Burger Mashed Potatoes Brussel Sprouts Chocolate French Silk Pie</p>	<p>7</p> <p>Tuna Salad Or Chicken Salad Croissant Old Fashioned Chicken Noodle Soup Or Tomato Soup Crackers Fruit Salad Assorted Desserts</p>
<p>10</p> <p>Smoked Pork Chop Hominy Carrots Wheat Bread/Marg Fruits of Forest Pie</p>	<p>11</p> <p>Chicken Pattie Or BBQ Pork Sweet Potatoes Broccoli Bread/Marg Red Velvet Cake</p>	<p>12</p> <p>Polish Sausage Mashed Potatoes Sauerkraut Rye Bread/Marg Homemade Apple Cobbler w/Ice Cream</p>	<p>13</p> <p>Chicken & Dumplings Or Beef & Noodles Vegetable Blend Dinner Roll Coconut Pie</p>	<p>14</p> <p>Salmon Pattie Garlic Mashed Potatoes Seasoned Green Beans Roll Iced Cake</p>
<p>17</p> <p>Baked Ziti w/Italian Sausage Or Chicken Alfredo Italian Vegetables Garlic Bread Cheesecake w/Topping</p>	<p>18</p> <p>Chicken Parmesan Or Sliced Turkey w/Gravy Garlic Mashed Potatoes California Blend Assorted Dessert</p>	<p>19</p> <p>Pork Pattie w/Gravy Or Stuffed Green Pepper Sweet Potatoes Spinach Cornbread Lemon Pound Cake Slice Produce Box</p>	<p>20</p> <p><u>Nutrition Awareness Day</u> Chicken Cordon Bleu Red Skin Potatoes Asparagus Roll Fresh Fruit Salad Orange Creamsicle Yogurt Must have a ticket!</p>	<p>21</p> <p>Chili w/Beans Or Chicken Noodle Soup Grilled Cheese on Texas Toast Crackers Fruit Salad Chocolate Meringue Pie</p>
<p>24</p> <p>Spaghetti w/Meatballs Or Chicken Alfredo Italian Vegetables Garlic Bread Stick Cherry Cobbler w/Ice Cream</p>	<p>25</p> <p>Smoked Pork Chop Sweet Potatoes Brussel Sprouts Bread/Marg Homemade Bread Pudding w/Sauce</p>	<p>26</p> <p>BBQ Chicken Or Polish Sausage Homemade Macaroni & Cheese California Blend Banana Pudding</p>	<p>27</p> <p>Baked Ham Or Potato Crusted Fish Great Northern Beans Oven Fried Potatoes Cornbread Apple Pie</p>	<p>28</p> <p>Fried Cod Tartar Sauce Scalloped Potatoes Broccoli Wheat Bread/Marg Lemon Cobbler w/Whip Topping</p>
<p>31</p> <p>Pot Pie w/Biscuit Topping Corn Pecan Pie</p>			<p>Operated by the SWIRCA & More Nutrition Program 16 W. Virginia St Evansville, Indiana 812-464-7807</p>	<p>Serving sizes: Meat/Entrée: 2 ½ -3 oz cooked edible meat Veg/Salad/Fruit/Dessert: ½ cup Margarine: 1 teaspoon Bread: 1 slice Milk: ½ pint Casserole: 1 cup</p>