



# FAST FACTS

## MISSION STATEMENT

Enhancing opportunities for independent living and a better quality of life for those who are aging, people living with disabilities, and caregivers in Southwestern Indiana.

## HISTORY

Area Agencies on Aging (AAAs) were formally established in 1973 as part of the reauthorization of the Older Americans Act (OAA). Indiana's 15 AAAs assist older adults, people with disabilities of any age, and their caregivers to find and access community resources and support services so they may live with dignity and independence at home.

The Southwestern Indiana Regional Council on Aging (SWIRCA & More) was founded in 1973 by the Evansville Kiwanis Club and incorporated in 1974. Our Nutrition program was first to be established in 1974, with Care Management opening in 1976, our Activity Center in 1980, and the Aging and Disability Resource Center in 2008.

Today, SWIRCA & More provides options-counseling, health and wellness programming, care management services, transportation, and nutritional and caregiving support to more than 30,000 individuals in our service area. SWIRCA is not a healthcare provider or government agency, but as trusted advocates, we provide a holistic response to the needs and concerns of older Hoosiers in our community.

## LOCATION

5th Largest Area Agency

Largest Senior Center in Indiana

### OFFICES AND SENIOR CENTER:

16 W. Virginia Street, Evansville, IN, 47710

*In the heart of the Jacobsville Neighborhood  
(Promise Zone Designation)*

Employees: 98    Volunteers: 334



## LEADERSHIP



**Rhonda Zuber**  
President



**Shelby Bass**  
Chair

## POPULATIONS SERVED

Adults 50+

Caregivers

Individuals with physical,  
intellectual or medical disabilities  
at any age

# DELIVERABLES

Year 2024



## Aging & Disability Resource Center

- Options Counselors received 15,099 phone calls
- Received 1,838 referrals for in home services
- Online Senior Resource Guide had 1,266 visitors per month.



## Care Management

- Provided assistance to 11,432 unduplicated clients
- 2,757 individuals received direct in-home assistance
- Transitioned 92 individuals from nursing facilities back home.



## Meals on Wheels

- 130,741 Total Meals
- 21 Neighborhood Lunch Sites
- 10 Meal Delivery Routes
- Meals are prepared in SWIRCA's kitchen and delivered in six counties.



## Activity and Wellness Center

- 1200 members participate in a class or program each month
- 144,650 hours of social events and meaningful interaction
- 14 individual exercise classes



## Caregiver Support

- 3,749 Care Coordination service plans created for individuals and their families



## Home Modifications

- 74 home modification projects completed to enhance safety and mobility.



## Volunteers

- 334 Volunteers aided in various activities and events
- Gave 41,685 hours of service



## Dementia Friends

- 766 Dementia Friends
- 89 New Friends Joined
- 15 In-Person information sessions

# SERVICES

Through our mission, we provide a holistic response to the needs of seniors:

- Accurate, unbiased options-counseling regarding public and private programs and services available to individuals through the Aging and Disability Resource Center (ADRC).
- Offer online resource guide to help seniors and their families locate local resources.
- Coordinate care plans for in-home services.
- Prepare and deliver hot, nutritious meals.
- Operate transportation services and discount travel vouchers.
- Offer caregiver support and family resources.
- Conduct home accessibility assessments and advise on home modifications.
- Ensure successful transition from hospital or care facility to home.
- Provide educational and wellness activities through our Activity and Wellness Center.
- Advocate for elder friendly communities.



Reducing senior hunger by providing hot, nutritious meals through home delivered and neighborhood lunch sites. Also available: farmers market vouchers.



Adopted in 2017 as part of a global movement to break down the stigma surrounding dementia, and implement practical changes that can make life easier for those with dementia and for their loved ones.



Resource Linkage is a subsidiary of SWIRCA & More and connects older adults and their families with care coordination services. Care Coordination is provided by trained professionals who assess needs, coordinate services, and guide you through the complex world of public and private social service supports, insurance, financial information, and more.

# SUPPORT

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