



2025 July

SWIRCA ACTIVITY CENTER CALENDAR

OPEN MON - FRI, 8:00AM -4:00PM
16 W. VIRGINIA ST. EVANSVILLE, IN 47710
812-464-7800 OR 800-253-2188 WWW.SWIRCA.ORG

KRISTIN HOOD - HEALTHY AGING DIRECTOR
SHANNON EPLEY - HEALTHY AGING COORDINATOR

Monday	Tuesday	Wednesday	Thursday	Friday
<div>YOGA STUDY</div> <div>All are welcome to attend Gentle Yoga on Tues at 2:30pm, Thurs at 1:00pm, Fri at 10:00am.</div>	<div>1 Today's Sponsor Visiting Care Plus</div> <div>9:00 Intro Line Dancing 9:30 Line Dancing 11:30 Lunch 1:30 Arthritis Exercise</div>	<div>2</div> <div>9:00 Stretch & Tone 11:30 Lunch 1:00 Aging Matters 1:00 Balance w/ Brenda</div>	<div>3</div> <div>9:30 Chair Yoga 11:30 Lunch</div>	<div>4</div> <div>SWIRCA CLOSED</div> <div></div>
<div>7</div> <div>9:30 Tai Chi 11:30 Lunch 1:30 Tone Up 2:30 Chair Yoga</div>	<div>8 Today's Sponsor Oak Street Health</div> <div>9:00 Intro Line Dancing 9:30 Line Dancing 11:30 Lunch 1:30 Arthritis Exercise 2:30 Gentle Yoga</div>	<div>9</div> <div>9:00 Stretch & Tone 10:15 Drums Alive 11:30 Lunch 1:00 Balance w/ Brenda</div>	<div>10</div> <div>9:30 Chair Yoga 11:30 Lunch Summer Shindig 1:00-3:00</div> <div></div>	<div>11</div> <div>9:00 Exercise w/ Eva 10:00 Gentle Yoga 11:30 Lunch 12:30 Bingo</div>
<div>14</div> <div>9:30 Tai Chi 11:30 Lunch 12:30 Exploring music 1:00 Dementia Friends 1:30 Tone Up 2:30 Chair Yoga</div>	<div>15 Today's Sponsor The Gardens at Oasis</div> <div>9:00 Intro Line Dancing 9:30 Line Dancing 11:30 Lunch 1:30 Arthritis Exercise 2:30 Gentle Yoga</div>	<div>16 Today's Sponsor Envive of Evansville</div> <div>9:00 Stretch & Tone 10:15 Drums Alive 11:30 Lunch 1:00 Balance w/ Brenda</div>	<div>17 Today's Sponsor Retreat at Leisure Living</div> <div>9:30 Chair Yoga 10:30 Book Club 10:30 What's the Buzz 11:30 Lunch 1:00 Gentle Yoga</div>	<div>18</div> <div>9:00 Exercise w/ Eva 10:00 Gentle Yoga 11:30 Lunch 12:30 Bingo</div>
<div>21</div> <div>9:30 Tai Chi 11:30 Lunch 1:30 Tone Up 2:30 Chair Yoga</div>	<div>22</div> <div>9:00 Intro Line Dancing 9:30 Line Dancing 11:30 Lunch 1:30 Arthritis Exercise 2:30 Gentle Yoga</div>	<div>23 Today's Sponsor Melrose Assisted Living</div> <div>9:00 Stretch & Tone 10:15 Drums Alive 11:30 Lunch 1:00 Balance w/ Brenda</div>	<div>24</div> <div>9:30 Chair Yoga 11:30 Lunch 1:00 Gentle Yoga</div>	<div>25</div> <div>9:00 Exercise w/ Eva 10:00 Gentle Yoga 11:30 Lunch 12:30 Bingo</div>
<div>28</div> <div>9:30 Tai Chi 11:30 Lunch 1:30 Tone Up 2:00 Caregiver Support Group 2:30 Chair Yoga</div>	<div>29 Today's Sponsor Careforth</div> <div>9:00 Intro Line Dancing 9:30 Line Dancing 11:30 Lunch 1:30 Arthritis Exercise 2:30 Gentle Yoga</div>	<div>30</div> <div>9:00 Stretch & Tone 11:30 Lunch 1:00 Balance w/ Brenda</div>	<div>31 Today's Sponsor IN Donors Network</div> <div>9:30 Chair Yoga 11:30 Lunch 1:00 Gentle Yoga</div>	<div> Music Appreciation has a new name Explore Music Join us on Mon, July 14 at 12:30 pm</div>

****All activities and events are subject to change without notice****

Dementia Support Group

SWIRCA's 1st support group for persons living with dementia is Mon, Jul 28 from 2 – 3 pm. Socialize with others and discuss issues or concerns. For more information or to register, contact Linda Wright at 812-492-7443 or lwright@swirca.org.



Bring harmony to life...
tune in to great living!

SOLARBON

Family-first Senior Living from CarDon

812-985-9955

INDEPENDENT LIVING • ASSISTED LIVING
REHABILITATION • LONG TERM CARE
MEMORY SUPPORT



Deaconess
PRIMARY CARE
FOR SENIORS

1750 Oak Hill Rd. • 812-485-2580



BRICKYARD
Healthcare

SKILLED NURSING • SHORT-TERM REHAB • LONG-TERM CARE • THERAPY

Visit our Website or
Contact our Referral Line:

DIRECT CONNECT 24/7 Referral Line
ph: 855-855-8113
fax: 855-855-5270

In the Care of Community

HELPING HANDS
HOME MANAGEMENT LLC

HOME CARE SERVICES FOR AGED
AND DISABLED



HOME COMMUNITY BASED WAIVER,
ANTHEM, HUMANA, UHC & PRIVATE
PAY ACCEPTED

317-353-5161
317-345-2726

WWW.HELPINGHANDSWECARE.COM



SWIRCA
& More

Nov 1 2025 Cost \$195.00
Reservation by 9/1/2025



Ray Stevens

Servants Travel

Nov 29 2025 Cost \$125.00



THE KENTUCKY OPRY
COUNTRY
CHRISTMAS
SHOW

servantstravel@outlook.com
servantstravel.pro
812.629.7888





SWIRCA
& More

Pre-Plan with us today!

Your loved ones will thank
you later.



Titzer Family
FUNERAL HOMES

Evansville • Newburgh • Elberfeld

812-424-9288



Oasis
Dementia Care
A Dedicated Memory Care Community

OasisDementiaCare.com

Redefining Assisted Living!

Call to schedule your
tour today!

812-303-3310



The
GARDENS
at Oasis Assisted Living

TheGardensatOasis.com



EMBRACE AN
INDEPENDENT
LIFESTYLE FULL
OF POSSIBILITIES

STARTING FROM \$1,500.00

UTILITIES INCLUDED
MEAL PLANS INCLUDED*
WASHER & DRYER
IN EVERY UNIT!

MAINTENANCE FREE
MODERN FINISHES
DEDICATED TEAM
SOCIALIZING & FUN

812-415-2117
WWW.LEISURELIVINGRETREAT.COM
2900 Cozy Court Evansville, IN 47720

SWIRCA & More Activity Center

Join us in the SWIRCA Activity Center for this FREE Event

SUMMER SHINDIG

On Thursday, July 10 1:00-3:00pm

Clowns - Face Painting & Balloon Animals,
Kona Ice Truck, Bingo for Prizes
& It Takes A Village



Children of All Ages Welcome
Must Be Accompanied By An Adult

Call 812-464-7800 to RSVP Before Thurs, July 3

Log Inn Dinner & Bingo with Prizes

Thursday, July 24 at 5:00 pm

All Tickets \$15.00 (Limited seating 150 tickets)
Limit 10 tickets per person

Tickets on sale Monday July 7th - Tues, July 22 or while tickets last
Purchase tickets at SWIRCA & More Activity Center, 16 W Virginia St, Evansville, IN

Menu: Log Inn's Famous Fried Chicken, Mashed Potatoes & Gravy,
Green Beans, Cole Slaw, Dinner Roll and Tea/Coffee/Lemonade



12491 Country Road 200 East
Warrenton, IN

Sponsored by:





*All ticket sales are final



Jewels of the Rhine River Cruise
Netherlands • Germany
France • Switzerland
October 3-14, 2025
Free Airfare (Limited Time Offer)



And

TOURCY

For more information please call
812-781-0201 or visit
travelwithtourcy.com

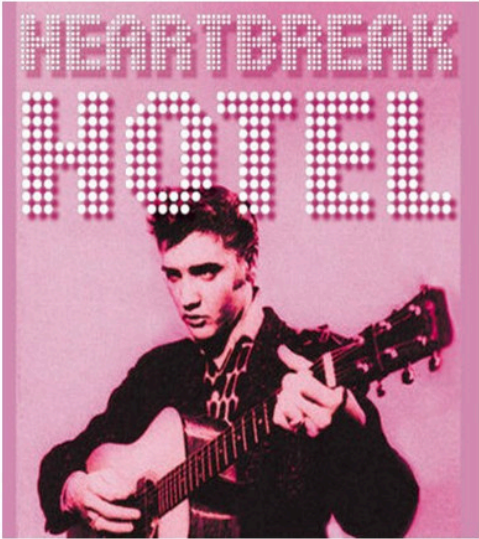


Heartbreak Hotel is a musical about Elvis Presley's life and career from his early years to becoming "The King of Rock and Roll". The musical includes a secret love story, betrayal and Colonel Tom Parker's impact on history. The show features over 40 Elvis hits including "That's All Right", "All Shook Up", "Burning Love", "Hound Dog", "Love Me Tender", and "Blue Suede Shoes".

Join SWIRCA & More and Servants Travel

For a bus trip to **Beef & Boards** Indianapolis, Indiana
DINNER THEATRE

Wed, Oct 8, 2025 - \$187 per person
Includes: Transportation, Meal & Ticket
Reservations & Full Payment Due Fri, Aug 8, 2025
Call SWIRCA 812-464-7800 for more information



Drums Alive

Love Music? Need to Exercise?
Have fun enjoying BOTH!

Join our amazing instructor Eva for a six-week session beginning Wed, July 9 at 10:15am. Sign up in the lobby or call 812-464-7800.

Gives the mind and body instant feedback through continuous movement and rhythmical flow. It utilizes "whole brain - whole body"



7.12.25

SAFE RIDES SPONSORED BY

SWIRCA

Brewfest

7-10PM
VIP & DTP 6-10PM

@ WEST SIDE LIBRARY PARK

SWIRCA.org

PRESENTED BY:
JOHNSON BROTHERS OF INDIANA



Join us
**Tuesday,
July 15**
from
11:00am
to
1:00pm

Bus Trip to Evansville Wartime Museum

Transportation,
FREE Admission to Evansville Wartime Museum
and Light Lunch Provided

Seating is limited to 44
Sign up in the SWIRCA lobby or call 812-464-7800
Bus leaves SWIRCA at 10:30 am, returns at 1:30 pm

Sponsored by





SENIOR DAY AT THE FAIR

Tickets sold on a "first-come first served" basis at:
SWIRCA & More or Purdue Extension Office-Vand County

Deadline to purchase tickets is **Fri, July 18**. All tickets are non-refundable.
For questions call: 812 403-0026.

Event Schedule:
8:30am Doors open, 9:00am BINGO, 10:30am Visit Vendors,
11:00am Lunch-fried chicken, mashed potatoes, green beans or corn & ice cream,
12:00 Guest Speaker Sponsor - Bradley S. Ford, President of Vineyard Financial,
12:30 pm, Enjoy the Fair!

Sponsored by:



