## SWIRCA & More

## July Ivy Café 2025

Monday	Tuesday	Wednesday	Thursday	Friday
Operated by the SWIRCA & More Nutrition Program 16 W. Virginia St Evansville, Indiana 812-464-7807	1 Meatloaf Sandwich Twice Stuffed Potatoes Seasoned Green Beans Pineapple Upside Down Cake	2 Hickory Smoked Bacon (3) Fried Egg English Muffin Hash Brown Pattie Fresh Fruit Salad Yogurt Milk/Coffee	3 BBQ Chicken Baked Beans Chuckwagon Corn Wheat Bread/Marg Assorted Dessert	4 Independence Day CLOSED
7 Vegetable Soup Tuna Melt Spiced Peaches Cottage Cheese Apple Pie	8 Lasagna Rollup Or Chicken Alfredo Italian Beans Warm Spiced Apples Garlic Bread Sticks Cheesecake w/Topping	9 BBQ Riblet on Bun Or Chicken Pattie on Bun Red Skin Potatoes Spinach Homemade Cobbler w/Ice Cream Produce Box	10 Salisbury Steak w/Gravy Mashed Potatoes Normandy Blend Wheat Bread/Marg Cake w/Buttercream Icing	11 Broccoli Cheddar Chicken Rice Pilaf Buttered Carrots Wheat Bread/Marg Millionaire Pie
14 Smoked Pork Chop Scalloped Potatoes Roasted Brussel Sprouts Wheat Bread/Marg Homemade Peach Cobbler w/Ice Cream	15 Chicken Breast w/Creamy Garlic Sauce Baby Bakers Asparagus Wheat Bread/Marg Chocolate French Silk Pie	16 Hamburger on Bun Pickle & Onion Or Nathan's Quarter Pound Frank on Bun Baked Beans Roasted Zucchini Lemon Icebox Pie	17 Fire Braised Chicken Breast Garlic Mashed Potatoes Honey Roasted Beets Wheat Bread/Marg Cherry Pie	18 Hickory Smoked Bacon Scrambled Eggs Biscuit & Gravy Oven Fried Potatoes Fresh Fruit Salad Danish OJ/Coffee
21 French Onion Chicken Baby Bakers Buttered Carrots Wheat Bread/Marg Cheesecake w/Topping	22 Nathan's Quarter Pound Frank on Bun Or Hamburger on Bun Pickle & Onion Potato Wedges Creamed Corn Cookie & Ice Cream	23 Sloppy Joe on Bun Or Pork Pattie on Bun Pickle & Onion Macaroni & Cheese Mixed Vegetables Cookies & Cream Pie	24 Cabbage Roll Mashed Potatoes Spiced Peaches Cucumber, Tomtato & Onion Salad Wheat Bread/Marg Lemon Meringue Pie	25 BBQ Pork on Bun Pickle & Onion Baked Beans Broccoli Coconut Cream Pie
28 Stuffed Green Pepper Or Sliced Baked Ham Sweet Potatoes Green Peas Wheat Bread/Marg Fruits of Forest Pie	29 Sausage Patty Scrambled Eggs Biscuit & Gravy Hash Brown Patty Fruit Salad Donut Milk/Coffee	30 Boneless Chicken Wings w/Honey Mustard Dip Scalloped Potatoes Baked Parmesan Zuchinni Wheat Bread/Marg Assorted Dessert	31 Philly Cheesesteak with Sauteed Onions & Peppers on Bun Tater Tots Broccoli Boston Cream Pie	Serving sizes: Meat/Entrée: 2 ½ -3 oz cooked edible meat Veg/Salad/Fruit/Dessert ½ cup Margarine: 1 teaspoon Bread: 1 slice Milk: ½ pint Casserole: 1 cup