

SWIRCA & More

August
2025

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Operated by the SWIRCA & More Nutrition Program 16 W. Virginia St Evansville, Indiana 812-464-7807</p>	<p>Serving sizes: Meat/Entrée: 2 ½ -3 oz cooked edible meat Veg/Salad/Fruit/Dessert: ½ cup Margarine: 1 teaspoon Bread: 1 slice Milk: ½ pint Casserole: 1 cup</p>			<p>1 Shepard's Pie w/Mashed Potatoes Warm Spiced Apples Wheat Bread/Marg Broccoli Crunch Salad Milk</p>
<p>4 Smoked Pork Chop Macaroni & Cheese Seasoned Green Beans Roll Fruit Cup Milk</p>	<p>5 Swiss Mushroom Burger on Bun Tater Tots Buttered Corn Pear Cup Milk</p>	<p>6 BBQ Meatballs Rice Pilaf Vegetable Blend Pineapple Cup Wheat Bread/Marg Milk</p>	<p>7 CLOSED FOR STAFF TRAINING</p>	<p>8 Country Fried Steak w/Gravy on side Garlic Mashed Potatoes California Blend Wheat Bread/Marg Pudding Cup Milk</p>
<p>11 Polish Sausage Mashed Potatoes Sauerkraut Applesauce Wheat Bread/Marg Milk</p>	<p>12 Meatloaf Sandwich Twice Baked Potato Seasoned Green Beans Peach Cup Milk</p>	<p>13 Sausage Pattie Fried Egg English Muffing Hashbrown Banana Yogurt</p>	<p>14 BBQ Chicken Baked Beans Chuckwagon Corn Wheat Bread/Marg Pudding Cup Milk</p>	<p>15 Potato Crusted Fish Warm German Potato Salad Brussel Sprouts Wheat Bread/Marg Mandarin Oranges Milk</p>
<p>18 Vegetable Soup Tuna Melt Spiced Peaches Cottage Cheese Crackers</p>	<p>19 Lasagna Rollup Italian Beans Warm Spiced Apples Texas Toast Milk</p>	<p>20 BBQ Riblet on Bun Red Skin Potatoes Spinach Fresh Orange Milk</p>	<p>21 Salisbury Steak w/Gravy Mashed Potatoes Normandy Blend Wheat Bread/Marg Cookies Milk</p>	<p>22 Broccoli Cheddar Chicken Rice Pilaf Buttered Carrots Wheat Bread/Marg Tropical Fruit Cup Milk</p>
<p>25 Smoked Pork Chop Scalloped Potatoes Brussel Sprouts Wheat Bread/Marg Pudding Cup Milk</p>	<p>26 Chicken Breast w/Creamy Garlic Sauce Baby Bakers Seasoned Green Beans Wheat Bread/Marg Mixed Fruit Cup Milk</p>	<p>27 Hamburger on Bun Baked Beans Roasted Squash & Zucchini Jello w/Fruit Milk</p>	<p>28 Fire Braised Chicken Breast Garlic Mashed Potatoes Honey Roasted Beets Wheat Bread/Marg Brownie Milk</p>	<p>29 Sausage Pattie Biscuit & Gravy Oven Fried Potatoes Apple Slices Milk</p>