

# SWIRCA & More

*September Ivy Cafe*

2025

| Monday  | Tuesday  | Wednesday   | Thursday  | Friday  |
|---|--|---|---|---|
| <p>1</p> <p>CLOSED FOR</p> <p>LABOR DAY</p> <p>HOLIDAY</p>  | <p>2</p> <p>Nathan's Quarter<br/>Pound Frank on Bun<br/>Or<br/>Hamburger on Bun<br/>Potato Wedges<br/>Creamed Corn<br/>Cherry Pie</p>                      | <p>3</p> <p>Sloppy Joe on Bun<br/>Or<br/>Polish Sausage on Bun<br/>Homemade Macaroni &amp;<br/>Cheese<br/>Mixed Vegetables<br/>Cookie &amp; Ice Cream<br/>Cup</p> | <p>4</p> <p>Cabbage Roll<br/>Mashed Potatoes<br/>Spiced Peaches<br/>Cucumber, Tomato &amp;<br/>Onion Salad<br/>Assorted Desserts</p>        | <p>5</p> <p>BBQ Pork on Bun<br/>Pickle &amp; Onion<br/>Baked Beans<br/>Broccoli<br/>Lemon Meringue Pie</p>  |
| <p>8</p> <p>Stuffed Green Pepper<br/>Sweet Potatoes<br/>Green Peas<br/>Wheat Bread/Marg<br/>French Silk Chocolate<br/>Pie</p> | <p>9</p> <p>Hickory Smoked<br/>Bacon (3)<br/>Scrambled Eggs<br/>Bicuit &amp; Gravy<br/>Hash Brown<br/>Fruit Salad<br/>Danish<br/>OJ/Coffee</p>             | <p>10</p> <p>Boneless Chicken<br/>Wings w/ Honey<br/>Mustard Dip<br/>Scalloped Potatoes<br/>Zucchini<br/>Wheat Bread/Marg<br/>Coconut Pie<br/>Produce Box</p>     | <p>11</p> <p>Philly Cheesesteak on<br/>Bun w/Peppers &amp;<br/>Onions<br/>Tater Tots<br/>Broccoli<br/>Lemon Pound Cake<br/>Slice</p>        | <p>12</p> <p>Shepard's Pie w/<br/>Mashed Potatoes<br/>Or<br/>Chicken Pot Pie<br/>Warm Spiced Apples<br/>Broccoli Crunch Salad<br/>Wheat Bread/Marg<br/>Pineapple Upside Down<br/>Cake</p>         |
| <p>15</p> <p>Smoked Pork Chop<br/>Homemade Macaroni &amp;<br/>Cheese<br/>Seasoned Green Beans<br/>Roll<br/>Cherry Pie</p>     | <p>16</p> <p>Swiss Mushroom<br/>Burger on Bun<br/>Or<br/>Quarter Pound<br/>Nathan's Frank on Bun<br/>Tater Tots<br/>Buttered Corn<br/>Boston Cream Pie</p> | <p>17</p> <p><u>Lunch &amp; Bingo</u><br/>Fried Chicken<br/>Potato Salad<br/>Pasta Salad<br/>Wheat Bread/Marg<br/>Fruits of Forest Pie<br/>Must sign up!!</p>     | <p>18</p> <p>Country Fried Steak<br/>w/Gravy on side<br/>Garlic Mashed<br/>Potatoes<br/>California Blend<br/>Biscuit<br/>Banana Pudding</p> | <p>19</p> <p>BBQ Meatballs<br/>Rice Pilaf<br/>Vegetable Blend<br/>Pineapple Cup<br/>Wheat Bread/Marg<br/>Cookies &amp; Cream Pie</p>  |
| <p>22</p> <p>Polish Sausage<br/>Mashed Potatoes<br/>Sauerkraut<br/>Wheat Bread/Marg<br/>Apple Cobbler w/Ice<br/>Cream Cup</p> | <p>23</p> <p>Meatloaf Sandwich<br/>Twice Baked Potato<br/>Seasoned Green<br/>Beans<br/>Iced Cake</p>   | <p>24</p> <p>Bacon (3)<br/>Fried Egg<br/>English Muffing<br/>Hashbrown<br/>Banana<br/>Yogurt<br/>Produce Box</p>  | <p>25</p> <p>BBQ Chicken<br/>Baked Beans<br/>Chuckwagon Corn<br/>Wheat Bread/Marg<br/>Assorted Desserts</p>                                 | <p>26</p> <p>Fried Cod<br/>Warm German Potato<br/>Salad<br/>Brussel Sprouts<br/>Wheat Bread/Marg<br/>Lemon Ice Box Pie</p>  |
| <p>29</p> <p>Hamburger on Bun<br/>Pickle &amp; Onion<br/>Baked Beans<br/>Honey Roasted Beets<br/>Apple Pie</p>                | <p>30</p> <p>Lasagna Rollup<br/>Or<br/>Chicken Alfredo<br/>Italian Beans<br/>Warm Spiced Apples<br/>Garlic Stick<br/>Cheesecake w/ Topping</p>             |   | <p>Operated by the<br/>SWIRCA &amp; More<br/>Nutrition Program<br/>16 W. Virginia St<br/>Evansville, Indiana<br/>812-464-7807</p>           | <p>Serving sizes:<br/>Meat/Entrée: 2 ½ -3 oz<br/>cooked edible meat<br/>Veg/Salad/Fruit/Dessert: ½<br/>cup<br/>Margarine: 1 teaspoon<br/>Bread: 1 slice<br/>Milk: ½ pint<br/>Casserole: 1 cup</p> |