

# SWIRCA & More

September  
2025

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>CLOSED FOR LABOR DAY HOLIDAY</p>	<p>2</p> <p>Nathan's Quarter Pound Frank on Bun Potato Wedges Creamed Corn Pineapple Cup Milk</p>	<p>3</p> <p>Sloppy Joe on Bun Homemade Macaroni &amp; Cheese Mixed Vegetables Applesauce Cup Milk</p>	<p>4</p> <p>Cabbage Roll Mashed Potatoes Spiced Peaches Cucumber, Tomato &amp; Onion Salad Wheat Bread/Marg Milk</p>	<p>5</p> <p>BBQ Pork on Bun Baked Beans Broccoli Snack Cake Milk</p>
<p>8</p> <p>Stuffed Green Pepper Sweet Potatoes Green Peas Wheat Bread/Marg Peach Cup Milk</p>	<p>9</p> <p>Sausage Pattie Biscuit &amp; Gravy Hash Brown Fig Newton Milk</p>	<p>10</p> <p>Boneless Chicken Wings w/ Honey Mustard Dip Scalloped Potatoes Zucchini Wheat Bread/Marg Cookies Milk</p>	<p>11</p> <p>Philly Cheesesteak on Bun Tater Tots Broccoli Mandarin Oranges Milk</p>	<p>12</p> <p>Shepard's Pie w/ Mashed Potatoes Warm Spiced Apples Broccoli Crunch Salad Wheat Bread/Marg Milk</p>
<p>15</p> <p>Smoked Pork Chop Homemade Macaroni &amp; Cheese Seasoned Green Beans Roll Fruit Cup Milk</p>	<p>16</p> <p>Swiss Mushroom Burger on Bun Tater Tots Buttered Corn Pear Cup Milk</p>	<p>17</p> <p>Chicken Sliders (2) Sweet Potato Fries Fruit Crisp Kale Salad Milk</p>	<p>18</p> <p>Country Fried Steak w/Gravy on side Garlic Mashed Potatoes California Blend Wheat Bread/Marg Pudding Cup Milk</p>	<p>19</p> <p>BBQ Meatballs Rice Pilaf Vegetable Blend Pineapple Cup Wheat Bread/Marg Milk</p>
<p>22</p> <p>Polish Sausage Mashed Potatoes Sauerkraut Applesauce Wheat Bread/Marg Milk</p>	<p>23</p> <p>Meatloaf Sandwich Twice Baked Potato Seasoned Green Beans Peach Cup Milk</p>	<p>24</p> <p>Sausage Pattie Fried Egg English Muffin Hashbrown Banana Yogurt</p>	<p>25</p> <p>BBQ Chicken Baked Beans Chuckwagon Corn Wheat Bread/Marg Pudding Cup Milk</p>	<p>26</p> <p>Potato Crusted Fish Warm German Potato Salad Brussel Sprouts Wheat Bread/Marg Mandarin Oranges Milk</p>
<p>29</p> <p>Hamburger on Bun Baked Beans Honey Roasted Beets Jello w/Fruit Milk</p>	<p>30</p> <p>Lasagna Rollup Italian Beans Warm Spiced Apples Texas Toast Milk</p>		<p>Operated by the SWIRCA &amp; More Nutrition Program 16 W. Virginia St Evansville, Indiana 812-464-7807</p>	<p>Serving sizes: Meat/Entrée: 2 ½ -3 oz cooked edible meat Veg/Salad/Fruit/Dessert: ½ cup Margarine: 1 teaspoon Bread: 1 slice Milk: ½ pint Casserole: 1 cup</p>