

# SWIRCA & More

November  
2025

| Monday                                                                                                          | Tuesday                                                                                               | Wednesday                                                                                                            | Thursday                                                                                                                                                                                          | Friday                                                                                                                                 |
|-----------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------|
| <b>3</b><br>Smoked Pork Chop<br>Hominy<br>Carrots<br>Wheat Bread/Marg<br>Brownie<br>Milk                        | <b>4</b><br>Chicken Breast<br>Sweet Potatoes<br>Broccoli<br>Bread/Marg<br>Pineapple Cup<br>Milk       | <b>5</b><br>Polish Sausage on Bun<br>Mashed Potatoes<br>Sauerkraut<br>Warm Spiced Apples<br>Wheat Bread/Marg<br>Milk | <b>6</b><br>Chicken & Dumplings<br>Vegetable Blend<br>Warm Spiced Peaches<br>Bread/Marg<br>Snack Cake<br>Milk                                                                                     | <b>7</b><br>Country Fried Steak w/Gravy on side<br>Mashed Potatoes<br>Seasoned Green Beans<br>Bread/Marg<br>Mixed Fruit Cup<br>Milk    |
| <b>10</b><br>Hamburger on Bun<br>Potato Wedges<br>Stewed Tomatoes<br>Jello w/Fruit<br>Milk                      | <b>11</b><br>CLOSED<br><br>FOR<br><br>VETERAN'S DAY<br><br>HOLIDAY                                    | <b>12</b><br>Pork Pattie w/Gravy<br>Cheesy Potatoes<br>Spinach<br>Bread/Marg<br>Cookies<br>Milk                      | <b>13</b><br>Chicken Parmesan<br>Mashed Potatoes<br>California Blend<br>Bread/Marg<br>Peach Cup<br>Milk                                                                                           | <b>14</b><br>Chili w/Beans<br>Baby Bakers<br>Broccoli<br>Crackers<br>Pudding Cup<br>Milk                                               |
| <b>17</b><br>Spaghetti w/Meat Sauce<br>Italian Vegetables<br>Warm Spiced Apples<br>Texas Toast<br>Milk          | <b>18</b><br>Smoked Pork Chop<br>Sweet Potatoes<br>Brussel Spouts<br>Bread/Marg<br>Snack Cake<br>Milk | <b>19</b><br>Ham & Beans<br>Oven Fried Potatoes<br>Cornbread<br>Pudding Cup<br>Milk                                  | <b>20</b><br><u>Thanksgiving Lunch</u><br>Roast Turkey w/Gravy<br>Homemade Sage Dressing<br>Green Beans<br>Dinner Roll<br>Cranberry Salad<br>Pumpkin Pie<br>Milk<br><u>Must have reservations</u> | <b>21</b><br>Potato Crusted Fish<br>Scalloped Potatoes<br>Broccoli<br>Bread/Marg<br>Fruit Cup<br>Milk                                  |
| <b>24</b><br>Pot Pie w/Biscuit Topping<br>Corn<br>Warm Spiced Peaches<br>Brownie<br>Milk                        | <b>25</b><br>Meatloaf<br>Mashed Potatoes<br>Carrots<br>Bread/marg<br>Pear Cup<br>Milk                 | <b>26</b><br>Sausage Pattie<br>Country Gravy<br>Biscuit<br>Hash Brown Pattie<br>Banana<br>Milk                       | <b>27</b><br><br>CLOSED<br><br>THANKSGIVING<br><br>DAY                                                                                                                                            | <b>28</b><br><br>CLOSED<br><br>THANKSGIVING<br><br>HOLIDAY                                                                             |
| <b>27</b><br>Chicken & Noodles<br>Mashed Potatoes<br>French Style Green Beans<br>Bread/Marg<br>Cookies<br>Bread | <b>28</b><br>Polish Sausage<br>Red Skin Potatoes<br>Cauliflower<br>Bread/Marg<br>Fresh Orange<br>Milk | <b>29</b><br>Baked Chicken Breast<br>Baked Potato w/Sour Cream<br>Vegetable Blend<br>Bread/Marg<br>Peach Cup<br>Milk | Serving sizes:<br>Meat/Entrée: 2 ½ -3 oz<br>cooked edible meat<br>Veg/Salad/Fruit/Dessert:<br>½ cup<br>Margarine: 1 teaspoon<br>Bread: 1 slice<br>Milk: ½ pint<br>Casserole: 1 cup                | <b>Operated by the<br/> SWIRCA &amp; More<br/> Nutrition Program<br/> 16 W. Virginia St<br/> Evansville, Indiana<br/> 812-464-7807</b> |