

# February 2026

## SWIRCA ACTIVITY CENTER CALENDAR

KRISTIN HOOD - HEALTHY AGING DIRECTOR  
SHANNON EPLEY - HEALTHY AGING COORDINATOR

OPEN MON - FRI, 8:00AM - 4:00PM  
16 W. VIRGINIA ST. EVANSVILLE, IN 47710  
812-464-7800 OR 800-253-2188 WWW.SWIRCA.ORG

Monday

Tuesday

Wednesday

Thursday

Friday

### FREE Hearing Screens



First come  
first serve

Tues, Feb 10  
9:00AM

### FEBRUARY DRUMS ALIVE

SPONSORED BY:  
DEACONESS HEALTH  
SYSTEM



2  
9:30 Tai Chi  
11:30 Lunch  
1:30 Tone Up  
2:30 Chair Yoga

3  
9:00 Intro Line  
Dancing  
9:30 Line Dancing  
11:30 Lunch  
1:30 Arthritis Exercise

4  
9:00 Stretch & Tone  
10:15 Drums Alive  
11:30 Lunch  
1:00 Balance w/Brenda  
1:00 Aging Matters

5  
9:30 Chair Yoga  
11:30 Lunch  
12:30 Crafts  
W/Jennifer

6  
9:00 Exercise w/Eva  
11:30 Lunch  
12:30 NO Bingo  
**Activity Center  
Closed at Noon**

9  
9:30 Tai Chi  
11:30 Lunch  
12:30 Exploring Music  
1:00 Dementia Friends  
1:30 Tone Up  
2:30 Chair Yoga

10  
9:00 Intro Line  
Dancing  
9:00 Audibel  
9:30 Line Dancing  
11:30 Lunch  
12:30 Gemstones  
1:30 Arthritis Exercise

11  
9:00 Stretch & Tone  
10:15 Drums Alive  
11:30 Lunch  
1:00 Balance w/Brenda  
3:00 Caregiver  
Support Group

12  
Today's Sponsor  
**Solarbron  
Senior Living**  
9:30 Chair Yoga  
11:30 Lunch

13  
9:00 Exercise w/Eva  
11:30 Lunch  
12:30 Bingo

**BINGO Sponsor  
Aperion Care**

16  
**SWIRCA Closed**

17  
9:00 Intro Line  
Dancing  
9:30 Line Dancing  
11:30 Lunch  
12:30 Stroke Screening  
1:30 Arthritis Exercise

18  
9:00 Stretch & Tone  
10:15 Drums Alive  
11:30 Lunch  
12:30 Mahjongg  
1:00 Balance w/Brenda

19  
9:30 Chair Yoga  
10:30 Book Club  
11:30 Lunch

20  
9:00 Exercise w/Eva  
11:30 Lunch  
12:30 Bingo

**BINGO Sponsor  
Titzer Family  
Funeral Home**

23  
9:30 Tai Chi  
11:30 Lunch  
1:30 Tone Up  
2:00 Dementia &  
Caregivers Grps  
2:30 Chair Yoga

24  
9:00 Intro Line  
Dancing  
9:30 Line Dancing  
11:30 Lunch  
1:30 Arthritis Exercise

25  
9:00 Stretch & Tone  
10:15 Drums Alive  
11:30 Lunch  
12:30 Mahjongg  
1:00 Balance w/Brenda

26  
Today's Sponsor  
**United Fidelity  
Bank**  
9:30 Chair Yoga  
11:30 Lunch

27  
9:00 Exercise w/Eva  
11:30 Lunch  
12:30 Bingo

**BINGO Sponsor  
Melrose**

### LIVING WITH DEMENTIA

For more info or registration  
contact Linda Wright  
812-492-7443 or [lwright@swirca.org](mailto:lwright@swirca.org).  
A Support Group For Persons Living With Dementia-Early Stages

Mon,  
Feb 23  
2 - 3 pm

### Caregiver Support Group

Coping With  
Caregiving Emotions

Mon, Feb 23, 2026

2:00-3:00pm

SWIRCA & More  
16 W. Virginia St  
Evansville, IN 47710

Main Conference Room



### NEED HELP

With Technology Questions?

For more info call 812-464-7800

EVERY TUESDAY 1:30 TO 2:30 PM

In-Person  
Sessions  
Available  
at SWIRCA

Pre-Plan with us today!

Your loved ones will thank  
you later.



812-424-9288

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### SWIRCA Activity Center - Inclement Weather Policy

If the Evansville Vanderburgh School Corporation is  
CLOSED OR on a 2 Hour Delay.

The SWIRCA & More Activity Center will open at 11:00 am.

A sample of most class videos can be found on SWIRCA's Facebook page  
[www.facebook.com/SwircaAndMore](https://www.facebook.com/SwircaAndMore)

Please check WFIE Channel 14 for information/updates.

### LIVING WITH GOUT?

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MEMORY SUPPORT

# Log Inn Dinner & Bingo with Prizes

**Thursday, February 19 at 5:00 pm**

All Tickets \$15.00 (Limited seating 150 tickets)



12491 Country Road 200 East  
Warrenton, IN



Tickets on sale Mon, Feb 2 - Wed, Feb 18 or while tickets last  
Purchase tickets at SWIRCA & More Activity Center, 16 W Virginia St, Evansville, IN

**Menu: Log Inn's Famous Fried Chicken, Mashed Potatoes & Gravy, Green Beans, Cole Slaw, Dinner Roll and Tea/Coffee/Lemonade**

\*All ticket sales are final



Bluegrass Country & the Smoky Mountains

**October 15 – 23, 2026**

Book by April 15, 2026 & Save \$200 Per Person



And



For more information please call  
812-781-0201 or visit  
travelwithtourcy.com



Christmas Markets of Montreal & Quebec City

**December 16 – 22, 2026**

Book by June 16, 2026 & Save \$150 Per Person



**Celebrate Heart Health  
Wear Red Friday  
February 6**

Join us on  
Tue Feb 24 at 12:30pm  
for Blood Pressure and  
Stroke Screening  
By Ascension St. Vincent  
Brooke Newhouse, BSN, RN, PCCN

**WIRE-WRAPPING GEMSTONES**



**Tuesday  
February 10  
12:30 - 1:30**

Sign-up at  
the SWIRCA  
front desk

Limit 20 seats  
cost \$5.00

SWIRCA 16 W Virginia St, Evansville, IN 47710

Presented by: United Fidelity Bank

## Designer Purse Bingo

**FRI, MAR 13, 2026**

Doors open at 5:00pm  
Bingo starts at 6:30pm

Seats on sale Mon, Jan 26  
on Eventbrite.com  
and at SWIRCA



Bingo, Half-Pot, Raffle,  
Snacks, Beer, Wine,  
Food Truck (Fire & Smoke BBQ)  
and Posh Sweet Treats

License #002658

**\$20  
per seat**

Includes entry & single seat  
First come, first serve  
when you arrive

**\$130  
per table**

Includes entry  
& reserved table  
for 6

Bingo Packets are sold separately  
\$10 each at the door only  
on night of event.

All purchases at SWIRCA are  
**CASH & CHECK ONLY**

IN THE SWIRCA ACTIVITY CENTER

## AMERICAN MAHJONGG

**Learn to Play**

Curious about Mahjongg? Join us  
to learn the basics and have fun

**ALL SKILL LEVELS WELCOME!**

**FEBRUARY 18 & 25  
12:30 PM**



Sign up in the  
SWIRCA lobby  
or call  
812-464-7800

limited seating