


February 2026

SWIRCA ACTIVITY CENTER CALENDAR

KRISTIN HOOD - HEALTHY AGING DIRECTOR
SHANNON EPLEY - HEALTHY AGING COORDINATOR

OPEN MON - FRI, 8:00AM - 4:00PM
16 W. VIRGINIA ST. EVANSVILLE, IN 47710
812-464-7800 OR 800-253-2188 WWW.SWIRCA.ORG

Monday	Tuesday	Wednesday	Thursday	Friday
<div><div>FREE Hearing Screens</div><div></div><div>First come first serve Tues, Feb 10 9:00AM</div></div>		<div><div>FEBRUARY DRUMS ALIVE</div><div></div><div>SPONSORED BY: DEACONESS HEALTH SYSTEM</div></div>		
<div>2 9:30 Tai Chi 11:30 Lunch 1:30 Tone Up 2:30 Chair Yoga</div>	<div>3 9:00 Intro Line Dancing 9:30 Line Dancing 11:30 Lunch 1:30 Arthritis Exercise</div>	<div>4 9:00 Stretch & Tone 10:15 Drums Alive 11:30 Lunch 1:00 Balance w/Brenda 1:00 Aging Matters</div>	<div>5 9:30 Chair Yoga 11:30 Lunch 12:30 Crafts W/Jennifer</div>	<div>6 9:00 Exercise w/Eva 11:30 Lunch 12:30 NO Bingo Activity Center Closed at Noon </div>
<div>9 9:30 Tai Chi 11:30 Lunch 12:30 Exploring Music 1:00 Dementia Friends 1:30 Tone Up 2:30 Chair Yoga</div>	<div>10 9:00 Intro Line Dancing 9:00 Audibel 9:30 Line Dancing 11:30 Lunch 12:30 Gemstones 1:30 Arthritis Exercise</div>	<div>11 9:00 Stretch & Tone 10:15 Drums Alive 11:30 Lunch 1:00 Balance w/Brenda 3:00 Caregiver Support Group</div>	<div>12 Today's Sponsor Solarbron Senior Living 9:30 Chair Yoga 11:30 Lunch</div>	<div>13 9:00 Exercise w/Eva 11:30 Lunch 12:30 Bingo BINGO Sponsor Aperion Care</div>
<div>16 SWIRCA Closed </div>	<div>17 9:00 Intro Line Dancing 9:30 Line Dancing 11:30 Lunch 12:30 Stroke Screening 1:30 Arthritis Exercise</div>	<div>18 9:00 Stretch & Tone 10:15 Drums Alive 11:30 Lunch 12:30 Mahjongg 1:00 Balance w/Brenda</div>	<div>19 9:30 Chair Yoga 10:30 Book Club 11:30 Lunch</div>	<div>20 9:00 Exercise w/Eva 11:30 Lunch 12:30 Bingo BINGO Sponsor Titzer Family Funeral Home</div>
<div>23 9:30 Tai Chi 11:30 Lunch 1:30 Tone Up 2:00 Dementia & Caregivers Grps 2:30 Chair Yoga</div>	<div>24 9:00 Intro Line Dancing 9:30 Line Dancing 11:30 Lunch 1:30 Arthritis Exercise</div>	<div>25 9:00 Stretch & Tone 10:15 Drums Alive 11:30 Lunch 12:30 Mahjongg 1:00 Balance w/Brenda</div>	<div>26 Today's Sponsor United Fidelity Bank 9:30 Chair Yoga 11:30 Lunch</div>	<div>27 9:00 Exercise w/Eva 11:30 Lunch 12:30 Bingo BINGO Sponsor Melrose</div>



LIVING WITH DEMENTIA

For more info or registration contact Linda Wright
812-492-7443 or lwright@swirca.org.

A Support Group For Persons Living With Dementia-Early Stages

Mon, Feb 23 2 - 3 pm

Caregiver Support Group

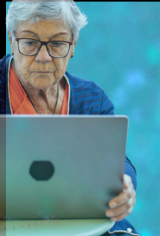
Coping With Caregiving Emotions

Mon, Feb 23, 2026 2:00-3:00pm

SWIRCA & More
16 W Virginia St
Evansville, IN 47710

Main Conference Room

All activities and events are subject to change without notice



NEED HELP

With Technology Questions?

For more info call 812-464-7800

EVERY TUESDAY 1:30 TO 2:30 PM

In-Person Sessions Available at SWIRCA

SWIRCA Activity Center - Inclement Weather Policy

If the Evansville Vanderburgh School Corporation is **CLOSED OR** on a 2 Hour Delay.
The SWIRCA & More Activity Center will open at 11:00 am.

A sample of most class videos can be found on SWIRCA's Facebook page www.facebook.com/SwircaAndMore

Please check WFIE Channel 14 for information/updates.

Pre-Plan with us today!

Your loved ones will thank you later.



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INDEPENDENT LIVING • ASSISTED LIVING
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MEMORY SUPPORT

Log Inn Dinner & Bingo with Prizes

Thursday, February 19 at 5:00 pm

All Tickets \$15.00 (limited seating 150 tickets)

Tickets on sale Mon, Feb 2 - Wed, Feb 18 or while tickets last

Purchase tickets at SWIRCA & More Activity Center, 16 W Virginia St, Evansville, IN

Menu: Log Inn's Famous Fried Chicken, Mashed Potatoes & Gravy, Green Beans, Cole Slaw, Dinner Roll and Tea/Coffee/Lemonade



12491 Country Road 200 East
Warrenton, IN



*All ticket sales are final



Bluegrass Country & the Smoky Mountains

October 15 – 23, 2026

Book by April 15, 2026 & Save \$200 Per Person



And

TOURCY



For more information please call
812-781-0201 or visit
travelwithtourcy.com



Christmas Markets of Montreal & Quebec City

December 16 – 22, 2026

Book by June 16, 2026 & Save \$150 Per Person

American Heart Association



Celebrate Heart Health

Wear Red Friday February 6

Join us on
Tue Feb 24 at 12:30pm
for Blood Pressure and
Stroke Screening
By Ascension St. Vincent
Brooke Newhouse, BSN, RN, PCCN

WIRE-WRAPPING GEMSTONES



**Tuesday February 10
12:30 - 1:30**

Sign-up at
the SWIRCA
front desk

**Limit 20 seats
cost \$5.00**

SWIRCA 16 W Virginia St, Evansville, IN 47710

Presented by: United Fidelity Bank

Designer Purse Bingo

FRI, MAR 13, 2026

Doors open at 5:00pm
Bingo starts at 6:30pm

Seats on sale Mon, Jan 26
on Eventbrite.com
and at SWIRCA



Bingo, Half-Pot, Raffle,
Snacks, Beer, Wine,
Food Truck (Fire & Smoke BBQ)
and Posh Sweet Treats)

License #002658

\$20
per seat

Includes entry & single seat
First come, first serve
when you arrive

\$130
per table

Includes entry
& reserved table
for 6

Bingo Packets are sold separately
\$10 each at the door only
on night of event.

**All purchases at SWIRCA are
CASH & CHECK ONLY**

IN THE SWIRCA ACTIVITY CENTER

AMERICAN MAHJONGG

Learn to Play

Curious about Mahjongg? Join us
to learn the basics and have fun

ALL SKILL LEVELS WELCOME!

**FEBRUARY 18 & 25
12:30 PM**



Sign up in the
SWIRCA lobby
or call
812-464-7800

limited seating