

SWIRCA & More

February

2026

Monday	Tuesday	Wednesday	Thursday	Friday
2 Baked Ziti w/Italian Sausage Italian Vegetables Warm Spiced Peaches Texas Toast Milk	3 Chicken Parmesan Mashed Potatoes California Blend Bread/Marg. Pudding Cup Milk	4 Pork Pattie w/Gravy Sweet Potatoes Spinach Bread/Marg. Snack Cake Milk	5 Hamburger on Bun Red Skin Potatoes Stewed Tomatoes Jello w/Fruit Milk	6 Chili w/Beans Baby Bakers Broccoli Crackers Pear Cup Milk
9 Spaghetti w/Meat Sauce Italian Vegetables Warm Spiced Apples Texas Toast Tropical Fruit Milk	10 Smoked Pork Chop Sweet Potatoes Brussel Sprouts Bread/Marg. Fruit Cobbler Milk	11 BBQ Chicken on Bun Homemade Macaroni & Cheese California Blend Strawberry Applesauce Milk	12 Ham & Beans Oven Fried Potatoes Cornbread Mixed Fruit Cup Milk	13 Sausage Pattie Country Gravy Biscuit Hash Brown Pattie Banana Milk
16 CLOSED! For President's Day!	17 <u>Fat Tuesday</u> Jambalaya French Style Green Beans Cornbread Brownie Milk	18 <u>Ash Wednesday</u> Potato Crusted Fish Scalloped Potatoes Broccoli Bread/Marg. Pudding Milk	19 Sweet & Sour Meatballs Rice Broccoli Bread/Marg. Pineapple Cup Milk	20 Goulash Peas Warm Spiced Apples Roll/Marg. Snack Cake Milk
23 Chicken & Noodles Mashed Potatoes French Style Green Beans Bread/Marg. Cookies Milk	24 BBQ Riblet on Bun Potato Wedges Baked Beans Applesauce Milk	25 Baked Chicken Baby Bakers Vegetable Blend Bread/Marg. Peach Cup Milk	26 Homemade Beef Stew Cabbage Biscuit Bread/Marg. Pineapple Cup Milk	27 Sloppy Joe on Bun Hash Brown Pattie Mixed Vegetables Fruit Cup Milk
Serving sizes: Meat/Entrée: 2 ½ -3 oz cooked edible meat Veg/Salad/Fruit/Dessert: ½ cup Margarine: 1 teaspoon Bread: 1 slice Milk: ½ pint Casserole: 1 cup	Operated by the SWIRCA & More Nutrition Program 16 W. Virginia St Evansville, Indiana 812-464-7807			

Please notice menus are subject to change without notice. We apologize for any inconvenience.