

SWIRCA & More

February

2026

Monday	Tuesday	Wednesday	Thursday	Friday
2 Baked Ziti w/Italian Sausage Italian Vegetables Warm Spiced Peaches Texas Toast Milk	3 Chicken Parmesan Mashed Potatoes California Blend Bread/Marg. Pudding Cup Milk	4 Pork Pattie w/Gravy Sweet Potatoes Spinach Bread/Marg. Snack Cake Milk	5 Hamburger on Bun Red Skin Potatoes Stewed Tomatoes Jello w/Fruit Milk	6 Chili w/Beans Baby Bakers Broccoli Crackers Pear Cup Milk
9 Spaghetti w/Meat Sauce Italian Vegetables Warm Spiced Apples Texas Toast Tropical Fruit Milk	10 Smoked Pork Chop Sweet Potatoes Brussel Sprouts Bread/Marg. Fruit Cobbler Milk	11 BBQ Chicken on Bun Homemade Macaroni & Cheese California Blend Strawberry Applesauce Milk	12 Ham & Beans Oven Fried Potatoes Cornbread Mixed Fruit Cup Milk	13 Sausage Pattie Country Gravy Biscuit Hash Brown Pattie Banana Milk
16 CLOSED! For President's Day!	17 Fat Tuesday Jambalaya French Style Green Beans Cornbread Brownie Milk	18 Ash Wednesday Potato Crusted Fish Scalloped Potatoes Broccoli Bread/Marg. Pudding Milk	19 Sweet & Sour Meatballs Rice Broccoli Bread/Marg. Pineapple Cup Milk	20 Goulash Peas Warm Spiced Apples Roll/Marg. Snack Cake Milk
23 Chicken & Noodles Mashed Potatoes French Style Green Beans Bread/Marg. Cookies Milk	24 BBQ Riblet on Bun Potato Wedges Baked Beans Applesauce Milk	25 Baked Chicken Baby Bakers Vegetable Blend Bread/Marg. Peach Cup Milk	26 Homemade Beef Stew Cabbage Biscuit Bread/Marg. Pineapple Cup Milk	27 Sloppy Joe on Bun Hash Brown Pattie Mixed Vegetables Fruit Cup Milk
Serving sizes: Meat/Entrée: 2 ½ -3 oz cooked edible meat Veg/Salad/Fruit/Dessert: ½ cup Margarine: 1 teaspoon Bread: 1 slice Milk: ½ pint Casserole: 1 cup	Operated by the SWIRCA & More Nutrition Program 16 W. Virginia St Evansville, Indiana 812-464-7807			

Please notice menus are subject to change without notice. We apologize for any inconvenience.