

SWIRCA & More

January
2026

Monday	Tuesday	Wednesday	Thursday	Friday
Serving sizes: Meat/Entrée: 2 ½ -3 oz cooked edible meat Veg/Salad/Fruit/Dessert: ½ cup Margarine: 1 teaspoon Bread: 1 slice Milk: ½ pint Casserole: 1 cup	Operated by the SWIRCA & More Nutrition Program 16 W. Virginia St Evansville, Indiana 812-464-7807		1 CLOSED!! FOR NEW YEAR'S DAY	2 Potato Crusted Fish Scalloped Potatoes Broccoli Bread/Marg. Pudding Milk
5 Pot Pie w/Biscuit Topping Corn Warm Spiced Peaches Brownie Milk	6 Meatloaf Mashed Potatoes Carrots Bread/Marg. Mixed Fruit Cup Milk	7 Sausage Pattie Country Gravy Biscuit Hash Brown Pattie Banana Milk	8 Sweet & Sour Meatballs Rice Broccoli Bread/Marg. Pineapple Cup Milk	9 Goulash Peas Warm Spiced Apples Roll/Marg. Snack Cake Milk
12 Chicken & Noodles Mashed Potatoes French Style Green Beans Bread/Marg. Cookies Milk	13 BBQ Riblet on Bun Potato Wedges Baked Beans Pudding Cup Milk	14 Baked Chicken Baby Bakers Vegetable Blend Bread/Marg. Peach Cup Milk	15 Homemade Beef Stew Cabbage Biscuit Pineapple Cup Milk	16 Sloppy Joe on Bun Hash Brown Pattie Mixed Vegetables Applesauce Cup Milk
19 CLOSED FOR M.L. KING BIRTHDAY	20 BBQ Pork on Bun Cheesy Potatoes Carrots Peach Cup Milk	21 Chicken Pattie Red Skin Potatoes Chuckwagon Corn Bread/Marg. Pear Cup Milk	22 Salisbury Steak w/Gravy Mashed Potatoes Brussel Sprouts Bread/Marg. Mandarin Oranges Milk	23 Soft Shell Tacos (2) Cheese & Lettuce Spanish Rice Black Beans Chocolate Chip Cookies Milk
26 Smoked Pork Chop Hominy Carrots Wheat Bread/Marg. Brownie Milk	27 Chicken Sweet Potatoes Broccoli Bread/Marg. Pineapple Cup Milk	28 Polish Sausage on Bun Mashed Potatoes Sauerkraut Warm Spiced Apples Milk	29 Chicken & Dumplings Vegetable Blend Warm Spiced Peaches Bread/Marg. Snack Cake Milk	30 Country Fried Steak w/Country Gravy on Side Garlic Mashed Potatoes Seasoned Green Beans Bread/Marg. Mixed Fruit Milk

Please notice menus are subject to change without notice. We apologize for any inconvenience.