

SWIRCA & More

April

2026

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Serving sizes: Meat/Entrée: 2 ½ -3 oz cooked edible meat Veg/Salad/Fruit/Dessert: ½ cup Margarine: 1 teaspoon Bread: 1 slice Milk: ½ pint Casserole: 1 cup</p>		<p>1 Sausage Pattie Country Gravy Biscuit Hash Brown Pattie Banana Milk</p>	<p>2 Sweet & Sour Meatballs Rice Broccoli Bread/Marg. Pineapple Cup Milk</p>	<p>3 Goulash Peas Warm Spiced Apples Roll/Marg. Snack Cake Milk</p>
<p>6 Chicken & Noodles Mashed Potatoes French Style Green Beans Bread/Marg. Cookies Milk</p>	<p>7 BBQ Riblet on Bun Potato Wedges Baked Beans Pudding Cup Milk</p>	<p>8 Baked Chicken Baby Bakers Vegetable Blend Bread/Marg. Peach Cup Milk</p>	<p>9 Homemade Beef Stew Cabbage Biscuit Pineapple Cup Milk</p>	<p>10 Sloppy Joe on Bun Hash Brown Pattie Mixed Vegetables Fruit Cup Milk</p>
<p>13 Chicken & Gravy Mashed Potatoes Green Beans Mandarin Oranges Bread/Marg. Milk</p>	<p>14 BBQ Pork on Bun Cheesy Potatoes Carrots Peach Cup Milk</p>	<p>15 Chicken Pattie Red Skin Potatoes Chuckwagon Corn Bread/Marg. Pear Cup Milk</p>	<p>16 Salisbury Steak w/Gravy Mashed Potatoes Brussel Sprouts Bread/Marg. Snack Cake Milk</p>	<p>17 Soft Shell Tacos (2) Cheese & Lettuce Spanish Rice Black Beans Chocolate Chip Cookies Milk</p>
<p>20 Smoked Pork Chop Hominy Carrots Wheat Bread/Marg. Strawberry Applesauce Milk</p>	<p>21 Chicken Sweet Potatoes Broccoli Bread/Marg. Pineapple Cup Milk</p>	<p>22 Polish Sausage on Bun Mashed Potatoes Sauerkraut Warm Spiced Apples Milk</p>	<p>23 Chicken & Dumplings Vegetable Blend Warm Spiced Peaches Bread/Marg. Brownie Milk</p>	<p>24 Country Fried Steak w/Gravy Garlic Mashed Potatoes Seasoned Green Beans Bread/Marg. Tropical Fruit Cup Milk</p>
<p>27 Baked Ziti w/Italian Sausage Italian Vegetables Warm Spiced Peaches Texas Toast Milk</p>	<p>28 Chicken Parmesan Mashed Potatoes California Blend Bread/Marg Pudding Cup Milk</p>	<p>29 Pork Pattie w/Gravy Sweet Potatoes Spinach Bread/Marg. Applesauce Milk</p>	<p>30 Hamburger on Bun Red Skin Potatoes Stewed Tomatoes Jello w/Fruit Milk</p>	<p>Operated by the SWIRCA & More Nutrition Program 16 W. Virginia St Evansville, Indiana 812-464-7807</p>

Please note menus are subject to change without notice.

We apologize for any inconvenience.