



TCARE Program

BETTER CARE STARTS WITH SELF CARE

TCARE (*Tailored Caregiver Assessment and Referral*) is a caregiver assessment tool that focuses on the needs of the family caregiver. Through a series of questions, we can determine those areas of stress that can lead to caregiver burnout. After an assessment has been completed, one of our Caregiver Care Managers will develop an individualized care plan to help the family caregiver manage their role and identity as a caregiver. Our staff will help get you connected to local support groups, counseling, caregiver support and education, financial assistance, benefits counseling, and respite to reduce stressors.

If interested, please contact Linda Wright, Aging Supports & Services Supervisor, at lwright@swirca.org or (812) 492-7443.