

# June 2026 SWIRCA ACTIVITY CENTER CALENDAR

OPEN MON - FRI, 8:00AM - 4:00PM  
 16 W. VIRGINIA ST. EVANSVILLE, IN 47710  
 812-464-7800 OR 800-253-2188  
 WWW.SWIRCA.ORG

KRISTIN HOOD  
 HEALTHY AGING DIRECTOR  
 SHANNON EPLEY  
 HEALTHY AGING COORDINATOR

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> Today's Sponsor <b>Visiting Care Plus</b> 11:30 Lunch 12:30 Strength Training Equipment Safety 1:30 Tone Up 2:30 Chair Yoga	<b>2</b> 9:00 Intro Line Dancing 9:30 Line Dancing 11:30 Lunch 1:30 Arthritis Exercise	<b>3</b> 9:00 Stretch & Tone 10:15 Drums Alive 11:30 Lunch 12:30 Mahjongg 1:00 Aging Matters 1:00 Balance w/Brenda 1:00 Indiana State Games Shuffleboard Practice	<b>4</b> <b>Indiana State Games                      Shuffleboard                      Competition</b> 1:00 AI Tech Talk No Regular Scheduled Activities	<b>5</b> Today's Sponsor <b>Resource Links</b> 9:00 Exercise w/Eva 11:30 Lunch 12:30 Bingo <b>BINGO Sponsor                      Cedarhurst                      Senior Living</b>
<b>8</b> 11:30 Lunch 12:30 Exploring Music 1:00 Dementia Friends 1:30 Tone Up 2:30 Chair Yoga	<b>9</b> 9:00 Intro Line Dancing 9:30 Line Dancing 11:30 Lunch 1:30 Arthritis Exercise <b>2:30 Aprons are a                      Fashion Statement</b>	<b>10</b> Today's Sponsor <b>Aperion Care</b> 9:00 Stretch & Tone 10:15 Drums Alive 11:30 Lunch <b>12:00 Indiana State Games                      Chair Volleyball/Cards&amp;Games</b> 12:30 Mahjongg 1:00 Balance w/Brenda 3:00 Caregivers Support Group	<b>11</b> 9:30 Chair Yoga 11:30 Lunch 12:30 Clabber Club 12:30 Crafts w/Jennifer	<b>12</b> 9:00 Exercise w/Eva 11:30 Lunch <b>NO Bingo                      Activity Center Closing                      at noon</b>
<b>15</b> Today's Sponsor <b>Ascension St.                      Vincent</b> 11:30 Lunch <b>12:30 Depression and                      Anxiety As We Age</b> 1:30 Tone Up 2:30 Chair Yoga	<b>16</b> 9:00 Intro Line Dancing 9:30 Line Dancing 11:30 Lunch 1:30 Arthritis Exercise	<b>17</b> Today's Sponsor <b>Resource Links</b> 9:00 Stretch & Tone 10:15 Drums Alive 11:30 Lunch 12:30 Mahjongg 1:00 Balance w/Brenda	<b>18</b> Today's Sponsor <b>Solarbron Senior                      Living</b> 9:30 Chair Yoga 10:30 Book Club 11:30 Lunch 12:30 Clabber Club	<b>19</b> SWIRCA Closed 
<b>22</b> Today's Sponsor <b>Melrose Assisted                      Living</b> 11:30 Lunch 1:30 Tone Up 2:30 Chair Yoga	<b>23</b> 9:00 Intro Line Dancing 9:30 Line Dancing 11:30 Lunch 1:30 Arthritis Exercise	<b>24</b> 9:00 Stretch & Tone 10:15 Drums Alive 11:30 Lunch 12:30 Mahjongg 1:00 Balance w/Brenda	<b>25</b> Today's Sponsor <b>United Fidelity                      Bank</b> 9:30 Chair Yoga 11:30 Lunch 12:30 Clabber Club 2:00 Memory Cafe	<b>26</b> 9:00 Exercise w/Eva 11:30 Lunch 12:30 Bingo <b>BINGO Sponsor                      Aperion Care</b>
<b>29</b> Today's Sponsor <b>Resource Links</b> 11:30 Lunch 1:30 Tone Up 2:00 Dementia & Caregivers Grps 2:30 Chair Yoga	<b>30</b> 9:00 Intro Line Dancing 9:30 Line Dancing 11:30 Lunch 1:30 Arthritis Exercise	<b>June is Mens Health                      Month</b> 		Magical Mystical Milestones and SWIRCA Present <b>Deborah Lee Hall</b> Reading aloud from her book of short stories and essays <b>Aprons are a Fashion Statement</b> Date: Tues June 9 <sup>th</sup> at 2:30 pm In the SWIRCA Activity Center

**Pre-Plan with us today!**  
 Your loved ones will thank  
 you later.



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**\*\*All activities and events are subject to change without notice\*\***

# Log Inn Dinner & Bingo with Prizes

Thursday, July 23 at 5:00pm

All Tickets \$15.00 (Limited seating 150 tickets)

Tickets on sale Mon, July 6 - Wed, July 22 or while tickets last

Purchase tickets at SWIRCA & More Activity Center, 16 W Virginia St, Evansville, IN

Menu: Log Inn's Famous Fried Chicken, Mashed Potatoes & Gravy, Green Beans, Cole Slaw, Dinner Roll and Tea/Coffee/Lemonade

Sponsored By:

The Evansville Protestant Home



12491 Country Road 200 East Warrenton, IN



\*All ticket sales are final

Tickets will be on sale Monday July 6<sup>th</sup> at 8:00 am in the SWIRCA Activity Center First come, First Serve basis

Limit 10 tickets per person



And



For more information please call 812-781-0201 or visit [travelwithtourcy.com](http://travelwithtourcy.com)

Bluegrass Country & the Smoky Mountains

October 15 – 23, 2026

Book by April 15, 2026 & Save \$200 Per Person

Christmas Markets of Montreal & Quebec City

December 16 – 22, 2026

Book by June 16, 2026 & Save \$150 Per Person

## Crafts with Jennifer

Thursday June 11, at 12:30 PM in the SWIRCA Activity Center

Each person will make 2 pairs  
Pick from Jewelry, Necklace, or Keychain



Cost \$5.00 Please sign up in the SWIRCA Lobby Limit to 15 people

SWIRCA & More PRESENTED BY LIQUOR Locker

## KEYS & Cocktails



cash bar  
photo booth  
song requests

All proceeds support SWIRCA!

Ashton Wolf Dueling Pianos

\$25 per seat  
\$185 reserved table of 8

07.18.26

7-10pm doors open at 6pm

Tickets on sale now on Eventbrite & at SWIRCA!

16 W. Virginia St. Evansville, IN 47710

[swirca.org/keys-cocktails](http://swirca.org/keys-cocktails)



## Summer Shindig

Join us in the SWIRCA Activity Center for this FREE Event  
On Thursday, July 9 1:00–3:00pm

Face Painting, Balloon Animals,  
Bingo for Prizes & Furry Friends Fun for all!  
Light refreshments and Sweet treats

Sponsored By:



Children of All Ages Welcome  
Must Be Accompanied By An Adult

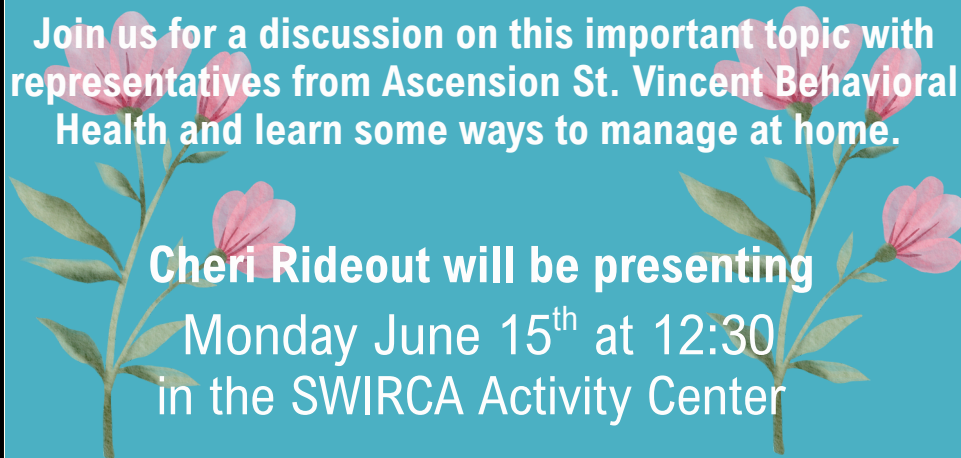


Call 812-464-7800 to RSVP or sign up in the SWIRCA Lobby Before Thurs, July 2

More Good Days: Depression and Anxiety As We Age  
Depression and anxiety are the most common mental health conditions in older adults

Join us for a discussion on this important topic with representatives from Ascension St. Vincent Behavioral Health and learn some ways to manage at home.

Cheri Rideout will be presenting  
Monday June 15<sup>th</sup> at 12:30  
in the SWIRCA Activity Center



## NEED HELP

With Technology Questions?

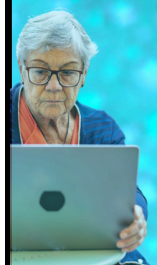
Phone or Internet Basics?

AI Tech Talk Thurs June 4<sup>th</sup> at 1:00 pm

Please call 812-464-7800 to RSVP

In-Person Sessions Available at SWIRCA

EVERY TUESDAY 1:30 TO 2:30 PM



## JOIN US

STRENGTH TRAINING AND EQUIPMENT SAFETY  
ON  
MONDAY, JUNE 1  
AT 12:30 PM  
IN THE FITNESS ROOM

PRESENTED BY  
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