


July 2026

SWIRCA ACTIVITY CENTER CALENDAR

KRISTIN HOOD - HEALTHY AGING DIRECTOR
SHANNON EPLEY - HEALTHY AGING COORDINATOR

OPEN MON - FRI, 8:00AM - 4:00PM
16 W. VIRGINIA ST. EVANSVILLE, IN 47710
812-464-7800 OR 800-253-2188 WWW.SWIRCA.ORG

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Magical Mystical Milestones and SWIRCA Present Deborah Lee Hall Reading aloud from her book of short stories and essays</p> <p>Date: Thursday July 16th at 12:30 pm in the SWIRCA Studio</p>		<p>1</p> <p>9:00 Stretch & Tone 10:15 Drums Alive 11:30 Lunch 12:30 Mahjongg 1:00 Aging Matters 1:00 Balance W/Brenda</p>	<p>2</p> <p>9:30 Chair Yoga 11:30 Lunch 12:30 Clabber Club</p>	<p>3</p> <p>SWIRCA Closed</p> <p>4th of July</p>
<p>6</p> <p>9:30 Movement & Meditation 11:30 Lunch 1:30 Tone Up 2:30 Chair Yoga</p>	<p>7</p> <p>9:00 Intro Line Dancing 9:30 Line Dancing 11:30 Lunch 1:30 Arthritis Exercise</p>	<p>8 Today's Sponsor Aperion Care</p> <p>9:00 Stretch & Tone 10:15 Drums Alive 11:30 Lunch 12:30 Mahjongg 1:00 Balance W/Brenda 3:00 Caregiver Support Group 4-6 pm Mingle w/Mahjongg</p>	<p>9</p> <p>9:30 Chair Yoga 11:30 Lunch 12:30 Clabber Club 1:00 Summer Shindig</p>	<p>10</p> <p>9:00 Exercise w/Eva 11:30 Lunch 12:30 Bingo</p>
<p>13 Today's Sponsor Bright Hope Homecare</p> <p>9:30 Movement & Meditation 11:30 Lunch 12:30 Exploring Music 1:00 Dementia Friends 1:30 Tone Up 2:30 Chair Yoga</p>	<p>14</p> <p>9:00 Intro Line Dancing 9:30 Line Dancing 11:30 Lunch 1:30 Arthritis Exercise</p>	<p>15</p> <p>9:00 Stretch & Tone 10:15 Drums Alive 11:30 Lunch 12:30 Mahjongg 1:00 Balance W/Brenda 4-6 pm Mingle w/Mahjongg</p>	<p>16</p> <p>9:30 Chair Yoga 10:30 Book Club 11:30 Lunch 12:30 Clabber Club 12:30 Deborah Lee Hall Storyteller</p>	<p>17</p> <p>9:00 Exercise w/Eva 11:30 Lunch</p> <p>NO Bingo Activity Center Closing at Noon</p>
<p>20</p> <p>9:30 Movement & Meditation 11:30 Lunch 1:30 Tone Up 2:30 Chair Yoga</p>	<p>21</p> <p>9:00 Intro Line Dancing 9:30 Line Dancing 11:30 Lunch 1:30 Arthritis Exercise</p>	<p>22 Today's Sponsor United Fidelity Bank</p> <p>9:00 Stretch & Tone 10:15 Drums Alive 11:30 Lunch 12:30 Mahjongg 1:00 Balance W/Brenda</p>	<p>23</p> <p>9:30 Chair Yoga 11:30 Lunch 12:30 Clabber Club 2:00 Memory Cafe</p> <p>Log Inn Dinner 5:00</p>	<p>24</p> <p>9:00 Exercise w/Eva 11:30 Lunch 12:30 Bingo</p>
<p>27</p> <p>9:30 Movement & Meditation 11:30 Lunch 1:30 Tone Up 2:30 Chair Yoga 3:00 Dementia & Caregivers Group</p>	<p>28</p> <p>9:00 Intro Line Dancing 9:30 Line Dancing 11:30 Lunch 1:30 Arthritis Exercise</p>	<p>29</p> <p>9:00 Stretch & Tone 10:15 Drums Alive 11:30 Lunch 12:30 Mahjongg 12:30 Crafts w/Jennifer 1:00 Balance W/Brenda</p>	<p>30</p> <p>9:30 Chair Yoga 11:30 Lunch 12:30 Clabber Club 12:30 Decoupage Gourds</p>	<p>31</p> <p>9:00 Exercise w/Eva 11:30 Lunch 12:30 Bingo</p> <p>Bingo Sponsor Bright Hope Homecare</p>


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Until Ron returns..... (and he will soon)



Please Join us on Monday's Starting July 6th at 9:30 am
with Whitney Arvin, Yoga Therapist for "Breath, Movement and Meditation".



Mingle W/ Mahjongg Open Play
Beginners Welcome

Wednesday July 8th and 15th from 4-6 pm in the SWIRCA Activity Center

Fun for Everyone







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****All activities and events are subject to change without notice****

Log Inn Dinner & Bingo with Prizes

Thursday, July 23 at 5:00pm

All Tickets \$15.00 (Limited seating 150 tickets)

Tickets on sale Mon, July 6 - Wed, July 22 or while tickets last

Purchase tickets at SWIRCA & More Activity Center, 16 W Virginia St, Evansville, IN

Menu: Log Inn's Famous Fried Chicken, Mashed Potatoes & Gravy, Green Beans, Cole Slaw, Dinner Roll, and Tea/Coffee/Lemonade

Sponsored By:

The Evansville Protestant Home



12491 Country Road 200 East
Warrenton, IN



*All ticket sales are final

Tickets will be on sale
Monday July 6th
at 8:00 am
in the SWIRCA Activity Center
First come, First Serve basis
Limit 10 tickets per person



And



For more information
please call
812-746-8516
or visit
travelwithtourcy.com

Christmas Markets of Montreal & Quebec City

December 16-22, 2026



British Landscapes Scotland-Wales-England

June 15-24, 2027

Yellowstone & Jackson Hole

September 4-10, 2027

Free Airfare
(Limited Time Offer)




Senior Day at the Vanderburgh County Fair

Tuesday July 21 9:00-12:30pm

Event Schedule:

8:30 am	Doors Open	Lunch Menu: fried chicken, mashed potatoes, green beans, corn & Ice Cream
9:00 am	BINGO	
10:30 am	Visit Vendors	
11:00 am	Lunch	
12:00 pm	Guest Speaker Dr David Browning	
12:30 pm	Enjoy the Fair!	



Sponsored By:
Home Helpers Home Care

\$10 Admission Ticket MUST BE PURCHASED IN ADVANCE
Deadline to Purchase Tickets is July 17

Summer Shindig

Join us in the SWIRCA Activity Center for this FREE Event

Thursday, July 9 1:00-3:00pm

Face Painting, Balloon Animals, Bingo for Prizes, Furry Friends from It Takes A Village and Light Refreshments and Sweet Treats

Sponsored By:
Home Helpers Home Care
SOLARBRON Family-First Senior Living from CarDon

Children of All Ages Welcome
Must Be Accompanied By An Adult



Call 812-464-7800 to RSVP or sign up in the SWIRCA Lobby Before Thurs, July 2



Decoupage Gourds

Thursday July 30 @ 12:30 PM

In the SWIRCA Activity Center

Please sign up in the SWIRCA Lobby
Cost \$5.00 Limit to 16 People

No matter whether you have crafted gourds or not, this gourd craft is for all skill levels. We will be decoupage hardshell gourds which can then be used to hold potpourri, artificial flowers, or as a cute unique decoration.

A Demo will be given at the beginning of the class. The instructor is enthusiastically available to assist you to complete your craft. All Supplies are provided. However, if you'd like to bring your own wrapping paper to cut for the decoupage, a 12' by 24' piece is recommended.

The picture is of examples of decoupage gourds, but other wrapping paper patterns can be used. This is sure to be an enjoyable, fun, and relaxing craft so don't hesitate to join us.

Crafts with Jennifer

Wednesday July 29, at 12:30 PM in the SWIRCA Activity Center

Each person will make 2 pairs
Pick from Jewelry, Necklace, or Keychain



Cost \$5.00 Please sign up in the SWIRCA Lobby Limit to 15 people

SWIRCA & More PRESENTED BY LIQUOR Locker

KEYS & Cocktails

cash bar
photo booth
song requests

All proceeds support SWIRCA!

Ashton Wolf Dueling Pianos

\$25 per seat \$185 reserved table of 8

07.18.26
7-10pm
doors open at 6pm

Tickets on sale now on Eventbrite & at SWIRCA!

16 W. Virginia St. Evansville, IN 47710 swirca.org/keys-cocktails

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