

JULY 2026

Menu

Please note menus are subject to change without notice. We apologize for any inconvenience.

SERVING SIZES

Meat/Entrée: 2 ½ -3 oz cooked edible meat
 Veg/Salad/Fruit/Dessert: ½ cup
 Margarine: 1 teaspoon
 Bread: 1 slice
 Milk: ½ pint
 Casserole: 1 Cup

Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>Operated by the SWIRCA & More Nutrition Program.</i></p> <p>16 W. Virginia St Evansville, Indiana 812-464-7807</p>		<p>1 Sloppy Joe on Bun Macaroni & Cheese Mixed Vegetables Applesauce Milk</p>	<p>2 Cabbage Rolls Mashed Potatoes Spiced Peaches Cucumber, Tomato, & Onion Salad Wheat Bread/Marg. Milk</p>	<p>3 Closed!</p> <p>In Observance of Independence Day!</p>
<p>6 Stuffed Green Pepper Sweet Potatoes Green Peas Peach Cup Wheat Bread/Marg. Milk</p>	<p>7 Sausage Patty Biscuit & Gravy Hash Brown Fig Newton Milk</p>	<p>8 Boneless Chicken Wings w/Honey Mustard Sauce Scalloped Potatoes Green Beans & Shredded Carrots Cookie Wheat Bread/Marg. Milk</p>	<p>9 Philly Cheesesteak on Bun Tater Tots Broccoli Mandarin Oranges Milk</p>	<p>10 Shepherd's Pie w/Mashed Potatoes Warm Spiced Apples Broccoli Slaw Wheat Bread/Marg. Milk</p>
<p>13 Maple Glazed Pork Chop Macaroni & Cheese Seasoned Green Beans Snack Cake Roll Milk</p>	<p>14 Chicken Sliders (2) Sweet Potato Fries Yellow Squash Strawberry Applesauce Milk</p>	<p>15 BBQ Meatballs Rice Pilaf Vegetable Blend Pineapple Cup Wheat Bread/Marg. Milk</p>	<p>16 Swiss Mushroom Burger on Bun Tater Tots Buttered Corn Pear Cup Milk</p>	<p>17 Country Fried Steak W/Country Gravy Garlic Mashed Potatoes California Blend Pudding Cup Wheat Bread/Marg. Milk</p>
<p>20 Polish Sausage Mashed Potatoes Sauerkraut Applesauce Wheat Bread/Marg. Milk</p>	<p>21 Meatloaf Sandwich Twice Baked Potato Seasoned Green Beans Peach Cup Milk</p>	<p>22 Sausage Patty Fried Egg On English Muffin Hash Brown Banana Yogurt</p>	<p>23 BBQ Chicken Baked Beans Chuckwagon Corn Pudding Cup Wheat Bread/Marg. Milk</p>	<p>24 Potato Crusted Fish Warm German Potato Salad Brussel Sprouts Mandarin Oranges Wheat Bread/Marg. Milk</p>
<p>27 Salisbury Steak w/Gravy Mashed Potatoes Normandy Blend Cookies Wheat Bread/Marg. Milk</p>	<p>28 Lasagna Roll Up Italian Beans Warm Spiced Apples Texas Toast Milk</p>	<p>29 BBQ Riblet on Bun Red Skin Potatoes Spinach Fresh Fruit Milk</p>	<p>30 Chicken Salad on Wheat Bread Potato Salad Cole Slaw Diced Peaches w/ Cottage Cheese</p>	<p>31 Broccoli Cheddar Chicken Rice Pilaf Buttered Carrots Tropical Fruit Cup Wheat Bread/Marg. Milk</p>

