

SEPTEMBER 2026

Meal Site Menu

Please note menus are subject to change without notice. We apologize for any inconvenience.

SERVING SIZES

Meat/Entrée: 2 ½ -3 oz cooked edible meat
 Veg/Salad/Fruit/Dessert: ½ cup
 Margarine: 1 teaspoon
 Bread: 1 slice
 Milk: ½ pint
 Casserole: 1 Cup

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Sausage Patty Country Gravy Biscuit Hash Brown Pattie Banana Milk	2 Sweet & Sour Meatballs Rice Broccoli Bread/Marg Pineapple Cup Milk	3 Goulash Peas Warm Spiced Apples Bread/Marg Snack Cake Milk	4 Chicken & Noodles Mashed Potatoes French Style Green Beans Bread/Marg Cookie Milk
7 Closed in Observance for Labor Day!	8 Baked Chicken Baby Bakers Vegetable Blend Bread/Marg Peach Cup Milk	9 Meatloaf Twice Baked Potato Seasoned Green Beans Bread/Marg Strawberry Applesauce Milk	10 Sloppy Joe on Bun Hash Brown Pattie Mixed Vegetables Fruit Cup Milk	11 Chicken and Gravy Mashed Potatoes Green Beans Bread/Marg Mandarin Oranges Milk
14 BBQ Pork Cheesy Potatoes Carrots Bread/Marg Peach Cup Milk	15 Chicken Pattie Red Skin Potatoes Chuckwagon Corn Bread/Marg Pear Cup Milk	16 Salisbury Steak w/ gravy Mashed Potatoes Brussel Sprouts Bread/Marg Snack Cake Milk	17 Soft Shell Tacos (2) Cheese & Lettuce Spanish Rice Black Beans Chocolate Chip Cookies Milk	18 Smoke Pork Chop Hominy Carrots Bread/Marg Strawberry Applesauce Milk
21 Chicken Sweet Potatoes Broccoli Bread/Marg Pineapple Cup Milk	22 Polish Sausage on Bun Mashed Potatoes Sauerkraut Warm Spiced Apples Milk	23 Chicken w/Creamy Garlic Sauce Baby Bakers Peas Bread/Marg Mandarin Oranges Milk	24 Country Fried Steak Garlic Mashed Potatoes Seasoned Green Beans Bread/Marg Tropical Fruit Cup Milk	25 Baked Ziti w/ Italian Sausage Italian Vegetable Warm Spiced Peaches Bread/Marg Milk
28 Chicken Parmesan Mashed Potatoes California Blend Bread/Marg Pudding Cup Milk	29 Pork Pattie w/ Gravy Sweet Potatoes Spinach Bread/Marg Applesauce Milk	30 Hamburger on Bun Red Skin Potatoes Stewed Tomatoes Jello w/ Fruit Milk		Operated by the SWIRCA & More Nutrition Program. 16 W. Virginia St Evansville, Indiana 812-464-7807



COMMUNITY PLATE
PROGRAM

