SWIRCA & More

MEALS on WHEELS SOUTHWESTERN INDIANA

NOVEMBER 2026
HDM Menu

Please note menus are subject to change without notice. We apologize for any inconvenience.

SERVING SIZES

Meat/Entrée: 2 ½ -3 oz cooked edible meat
Veg/Salad/Fruit/Dessert: ½ cup
Margarine: 1 teaspoon
Bread: 1 slice
Milk: ½ pint
Casserole: 1 Cup

Monday	Tuesday	Wednesday	Thursday	Friday
2 Smoked Pork Chop Hominy Carrots Brownie Milk	**3** Chicken Sweet Potatoes Broccoli Pineapple Cup Milk	**4** Polish Sausage Mashed Potatoes Sauerkraut Applesauce Milk	**5** Chicken & Dumplings Vegetable Blend Warm Spiced Peaches Snack Cake Milk	**6** Country Fried Steak W/Country Gravy Garlic Mashed Potatoes Seasoned Green Beans Mixed Fruit Cup Milk
9 Lasagna Roll Up Italian Beans Warm Spiced Apples Milk	**10** Chicken Parmesan Mashed Potatoes California Blend Cookies Milk	**11** **CLOSED IN HONOR OF VETERANS DAY!**	**12** Hamburger Red Skin Potatoes Stewed Tomatoes Jello w/Fruit Milk	**13** Chili w/Beans Baby Bakers Broccoli Crackers Pudding Milk
16 Spaghetti w/Meat Sauce Italian Vegetables Warm Spiced Apples Tropical Fruit Milk	**17** Smoked Pork Chop Sweet Potatoes Brussel Sprouts Snack Cake Milk	**18** BBQ Chicken Homemade Macaroni & Cheese California Blend Strawberry Applesauce Milk	**19** Thanksgiving Lunch Roast Turkey w/Gravy Dressing Seasoned Green Beans Cranberry Salad Dinner Roll Pumpkin Pie Milk	**20** Potato Crusted Fish Scalloped Potatoes Broccoli Peach Cup Milk
23 Pot Pie w/Biscuit Topping Corn Warm Spiced Peaches Brownie Milk	**24** Meatloaf Mashed Potatoes Carrots Mixed Fruit Cup Milk	**25** Chicken Pattie Potato Wedges Vegetable Blend Snack Cake Milk	**26** **CLOSED FOR THANKSGIVING!**	**27** **CLOSED FOR THANKSGIVING HOLIDAY!**
30 Sausage Pattie Country Gravy Biscuit Hash Brown Pattie Fig Newton Milk				*Operated by the SWIRCA & More Nutrition Program.* *16 W. Virginia St* *Evansville, Indiana* *812-464-7807*

COMMUNITY PLATE PROGRAM

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