SWIRCA & More

MEALS on WHEELS SOUTHWESTERN INDIANA

NOVEMBER 2026
Meal Site Menu

Please note menus are subject to change without notice. We apologize for any inconvenience.

SERVING SIZES

Meat/Entrée: 2 ½ -3 oz cooked edible meat
Veg/Salad/Fruit/Dessert: ½ cup
Margarine: 1 teaspoon
Bread: 1 slice
Milk: ½ pint
Casserole: 1 Cup

Monday	Tuesday	Wednesday	Thursday	Friday
2 Smoked Pork Chop Hominy Carrots Wheat Bread/Marg. Brownie Milk	**3** Chicken Sweet Potatoes Broccoli Bread/Marg. Pineapple Cup Milk	**4** Polish Sausage on Bun Mashed Potatoes Sauerkraut Applesauce Milk	**5** Chicken & Dumplings Vegetable Blend Warm Spiced Peaches Bread/Marg. Snack Cake Milk	**6** Country Fried Steak W/Country Gravy Garlic Mashed Potatoes Seasoned Green Beans Bread/Marg. Mixed Fruit Cup Milk
9 Lasagna Roll Up Italian Beans Warm Spiced Apples Texas Toast Milk	**10** Chicken Parmesan Mashed Potatoes California Blend Bread/Marg Cookies Milk	**11** **CLOSED IN HONOR OF VETERANS DAY!**	**12** Hamburger on Bun Red Skin Potatoes Stewed Tomatoes Jello w/Fruit Milk	**13** Chili w/Beans Baby Bakers Broccoli Crackers Pudding Milk
16 Spaghetti w/Meat Sauce Italian Vegetables Warm Spiced Apples Texas Toast Tropical Fruit Milk	**17** Smoked Pork Chop Sweet Potatoes Brussel Sprouts Bread/Marg. Snack Cake Milk	**18** BBQ Chicken on Bun Homemade Macaroni & Cheese California Blend Strawberry Applesauce Milk	**19** Thanksgiving Lunch Roast Turkey w/Gravy Dressing Seasoned Green Beans Cranberry Salad Dinner Roll Pumpkin Pie Milk Must Have Reservation	**20** Potato Crusted Fish Scalloped Potatoes Broccoli Bread/Marg. Peach Cup Milk
23 Pot Pie w/Biscuit Topping Corn Warm Spiced Peaches Brownie Milk	**24** Meatloaf Mashed Potatoes Carrots Bread/Marg. Mixed Fruit Cup Milk	**25** Chicken Pattie on Bun Potato Wedges Vegetable Blend Snack Cake Milk	**26** **CLOSED FOR THANKSGIVING!**	**27** **CLOSED FOR THANKSGIVING HOLIDAY!**
30 Sausage Pattie Country Gravy Biscuit Hash Brown Pattie Fig Newton Milk				*Operated by the SWIRCA & More Nutrition Program.* *16 W. Virginia St* *Evansville, Indiana* *812-464-7807*

COMMUNITY PLATE PROGRAM

KAISER ALUMINUM · FOX PEST CONTROL · LIEBERMAN TECHNOLOGIES · Shepherd INSURANCE