SWIRCA & More

MEALS on WHEELS SOUTHWESTERN INDIANA

NOVEMBER 2026
Oma's Plate Lunch

Please note menus are subject to change without notice. We apologize for any inconvenience.

SERVING SIZES

Meat/Entrée: 2 ½ -3 oz cooked edible meat
Veg/Salad/Fruit/Dessert: ½ cup
Margarine: 1 teaspoon
Bread: 1 slice
Milk: ½ pint
Casserole: 1 Cup

Monday	Tuesday	Wednesday	Thursday	Friday
2 Smoked Pork Chop Hominy Carrots Wheat Bread/Marg. Chocolate French Silk Pie	**3** Chicken Sweet Potatoes Broccoli Wheat Bread/Marg. Pecan Pie	**4** Polish Sausage on Bun Mashed Potatoes Sauerkraut Fruits of the Forrest Pie	**5** Chicken & Dumplings Vegetable Blend Warm Spiced Peaches Bread/Marg. Cheesecake w/Cherry Topping	**6** **CLOSED IN HONOR OF VETERAN'S DAY CELEBRATION!**
9 Lasagna Roll Up Italian Beans Warm Spiced Apples Garlic Bread Chess Pie	**10** Chicken Parmesan Mashed Potatoes California Blend Bread/Marg Boston Cream Pie	**11** **CLOSED IN HONOR OF VETERANS DAY!**	**12** Hamburger on Bun Pickles and Onion Red Skin Potatoes Stewed Tomatoes Cookies & Cream Pie	**13** Chili w/Beans Crackers Grilled Cheese on Texas Toast Fruit Salad Homemade Apple Cobbler w/Ice Cream Cup
16 Spaghetti w/Meat Sauce Italian Vegetables Warm Spiced Apples Garlic Bread Lemon Meringue Pie	**17** Smoked Pork Chop Sweet Potatoes Brussel Sprouts Bread/Marg. Chocolate Chip Cookie w/Ice Cream Cup	**18** BBQ Chicken on Bun Homemade Macaroni & Cheese California Blend Cherry Pie	**19** Thanksgiving Lunch Roast Turkey w/Gravy Dressing Seasoned Green Beans Cranberry Salad Dinner Roll Pumpkin Pie w/Whipped Topping Must Have Ticket!	**20** Fried Cod on Bun Tartar Sauce Scalloped Potatoes Broccoli Cocounut Meringue Pie
23 Pot Pie w/Biscuit Topping Corn Warm Spiced Peaches Dutch Apple Pie	**24** Meatloaf Mashed Potatoes Carrots Bread/Marg. Chocolate Meringue Pie	**25** Chicken Pattie on Bun Potato Wedges Vegetable Blend Assorted Dessert Day	**26** **CLOSED FOR THANKSGIVING!**	**27** **CLOSED FOR THANKSGIVING HOLIDAY!**
30 Hickory Smoked Bacon Country Gravy Biscuit Scrambled Eggs Hash Brown Pattie Fruit Salad Danish				*Operated by the SWIRCA & More Nutrition Program.* *16 W. Virginia St* *Evansville, Indiana* *812-464-7807*

COMMUNITY PLATE PROGRAM

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